



Amateur Photography Contest Opens

July 15 marked the opening of the 28th annual “Ding” Darling Day Amateur Nature Photography Contest. Deadline for submission is September 15; all entries must be submitted electronically. Cash award prizes in honor of the refuge’s 75th anniversary celebration this year are \$300 for first place, \$225 for second, \$175 for third and \$25 for honorable mention.

The contest, sponsored by the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS), is held in conjunction with “Ding” Darling Day on October 18.

For an entry form and other contest information, visit www.dingdarlingsociety.org/articles/photo-contests. DDWS will announce winners and award prizes at “Ding” Darling Day.

Entries must be delivered by email to ddamateurphotocontest@gmail.com by September 15. For assistance, call 472-1100 ext. 4 or email shois@dingdarlingsociety.org. Entrants can pay by sending a check made out to the “Ding” Darling Wildlife Society (P.O. Box 565, Sanibel FL 33957) with a memo “for photo contest” or online at www.dingdarlingsociety.org/donation with a note in “gift comments” designating the donation as photo contest fees.



Kent Jager of Sanibel won first place in 2019 for his *White-eyed Vireo* photo provided

dingdarlingsociety.org/donation with a note in “gift comments” designating the donation as photo contest fees.

In an effort to maintain its commitment to the environment, DDWS will no longer be accepting photo contest entries by mail.

There is a \$25 per person entry fee that provides you with a membership to the society and is used to defray the cost of

the contest. One fee covers two entries per person.

Only amateur (all ages) photographers are eligible to enter (may not possess a professional photographer tax identification number for the sale of photographs).

Photos must be taken at JN “Ding” Darling National Wildlife Refuge and have been taken within two years of entry date.

Each person may enter up to two photos but is eligible to win only one award. Each photo must be a JPEG file of at least 3000 x 2400 or 4 megabytes (MB). Panoramic photos are not allowed.

Photos that have won awards in previous “Ding” Darling Wildlife Society photo contests may not be resubmitted.

Judging will be anonymous. Do not put your name or anything that will identify you on your photograph.

Judging criteria:

- 1) Technical excellence (sharpness, lighting, composition, exposure)
- 2) Originality/creativity
- 3) Interest
- 4) Ability to be reproduced for publication

Only limited image modifications are permitted. Minor manipulation should be used only to produce a more natural looking photograph. Cropping is allowed but adding any elements not existing in the original scene will not be accepted. Judges, at their discretion, will disqualify any photos that appear to be manipulated beyond these guidelines. All photo files will become the property of DDWS. Photos may be used by DDWS in any way with appropriate credit to the photographer.

There will be three judges: a refuge staff member, a professional photographer and a member of the Sanibel community.✧



Loggerhead sea turtle hatchlings emerging from the nest

photo by Kelly Sloan

Loggerhead Nest Boil Captured On Video

Sanibel-Captiva Conservation Foundation (SCCF) Coastal Wildlife Director Kelly Sloan was on beach patrol on Captiva when she came upon the rare opportunity to see and film a loggerhead sea turtle nest just beginning to boil, or erupt, on June 24.

To view the video, go to www.youtube.com/watch?v=pvNSqjsAuJM&feature=youtu.be.

The screen on the nest is to protect the

hatchlings, which have an estimated one in 1,000 chance of surviving to maturity. The size of the holes allows the hatchlings to climb through and then, traverse the sandy terrain as they scurry to the Gulf of Mexico.

“The screen on top of the nest is to discourage predation. They have been very effective in lowering nest depredation rates on Sanibel and Captiva,” said Sloan.

Inventory of the nest three days later showed that 90 hatchlings successfully emerged.

Predation of sea turtles by crabs, birds, fish, sharks and mammals is a natural part of the food chain. However, predators may sometimes become so proficient at finding and destroying nests that they threaten all

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Claire Liparulo

photos provided

Music Series Features Female Singer/Songwriters

Sounds of Summer returns to the Sidney & Berne Davis Art Center on Friday, July 24 with the Songwriters Round. Doors open at 7 p.m. and music begins at 7:30 p.m. Tickets are \$10 at the door.

The concert is presented by Sheena Brook and will feature The FEM Collective. Brook will perform live with Claire Liparulo



Katie Lyon

and Katie Lyon. The ladies will be playing original songs and talking about the inspiration and the process behind them.

The FEM Collective is a media and event driven collective designed to create a movement that amplifies women’s voices, adding to their fulfillment as artists to benefit the local culture, create equality in the national music scene and ultimately improve the world we live in.

The 4th annual Summer Singer-Songwriter Competition closes out the Sounds of Summer series on Friday, August 21. Experience an evening of original

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Historic Downtown Fort Myers, Then And Now:

Aunt Jemima, Minstrels And Changing Times



by Gerri Reaves, PhD

The news of recent weeks has been packed with announcements that companies are abandoning or altering imagery on products because of racial stereotyping. Quaker Oats perhaps made the biggest impact by deciding to discontinue the “Aunt Jemima” name and image, which dates to 1889. Uncle Ben’s Rice and Mrs. Butterworth’s syrup, to name just two others, have undergone scrutiny and are revamping their advertising futures.

Quaker Oats has realized that strategies like changing Aunt Jemima’s head kerchief, lightening her skin, or adding pearl earrings did not sufficiently counteract the racial caricature.

That caricature is based on a minstrel character and the song *Old Aunt Jemima*, which had originally been sung by field slaves. It is replete with nostalgia for the Old South and a stereotype of a black woman as subservient caretaker of white people.

Even the word “aunt” is problematic, for it substitutes for the more respectful title Mrs. or Miss, a title black women were due but often denied in the Jim Crow era.

The branding shake-up also highlights a lesser known aspect of Quaker Oats’ history: For many years, it employed a cadre of regional Aunt Jemimas to appear “in-person” at stores and events. And she came to Fort Myers on at least two occasions. In 1947, she appeared at the popular B&B Grocery. And, on February 27 and 28, 1948, at the Table Supply Store on Hendry Street.

It’s difficult today to understand just how ubiquitous and accepted the Aunt Jemima stereotype was in the first half of the 20th century.

Rooted in the antebellum period, it was strongly reinforced in the 1930s by the character Mammy in the book and movie *Gone With the Wind*.



In 1905, Koreshan Unity’s blackface drama group posed in the Art Hall in Estero
photo courtesy Florida State Archives



In this page from the 1918 *Caloosahatchian* yearbook of Gwynne High School, the characters hold the script for the *Green and White Minstrels* photo by Gerri Reaves

Aunt Jemima costumes, presumably complete with blackface, were sometimes seen at costume parties in the 1950s, according to newspaper accounts.

Other representations in the mass media included an *Aunt Jemima* CBS radio show in the 1930s and early 1940s that aired nationally, including Fort Myers. That show promoted pancake products and featured the Aunt Jemima Singers performing songs such as *Dixie*.

The lead was played by white actresses who portrayed the caricature of a happy dancing and singing slave speaking stereotyped black English. One of the actresses, Harriette Widmer, also appeared in the wildly popular *Amos & Andy* radio show. Another, Tess Gardella, made something of a career playing the Aunt Jemima persona on stage and in film, notably when she played Queenie, the cook, in the Broadway production of *Showboat* in 1927 – the only actor to appear in blackface.

Other racial stereotypes and practices once common have diminished in prominence over the decades.

From the town’s early history, there were minstrel shows and parades, and fraternal and veterans organizations gave minstrel performances to raise funds. Koreshan Unity’s blackface drama group posed in the Art Hall in Estero in 1905.

Touring shows such as AG Allen’s Original New Orleans Minstrels, which arrived by train in 1906, performed for crowds under a tent for two shows per day.

Local high school seniors organized the annual Green and White Greater Minstrels to fund the publication of the yearbook, the *Caloosahatchian*, in the 19-teens and 1920s.

In the 1918 yearbook image, the character on the left holds a page reading “Green and White Minstrels,” and the one on the right holds a page reading “By GHS Students,” signifying Gwynne High School.

By the 1960s, however, minstrel shows no longer were prominent on the Fort Myers stage.

Visit the following research centers to learn more about the shifting cultural landscape of Fort Myers history.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus

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Meals On Wheels Delivery Drivers Needed

With growing requests for meals to be delivered to homebound neighbors who cannot shop or cook for themselves, Community Cooperative has an immediate need for volunteer drivers throughout Lee County to deliver Meals on Wheels.

"Since the pandemic, the Meals on Wheels program has grown about 20 percent," said Tracey Galloway, chief executive officer at Community Cooperative. "These home-delivered meals and related services ensure that our neighbors in need are kept safe, comfortable and living in their own homes. We need volunteers to keep our programs running. For example, most of our Meals on Wheels delivery volunteers are over the age of 70. This is a terrific opportunity for college students who are at home."

The Meals on Wheels program has 32 delivery routes in North Fort Myers, Cape Coral, Fort Myers, Lehigh Acres and Bonita Springs, supplying daily, nutritious home-delivered meals and friendly safety and security checks to eligible homebound neighbors who cannot shop or cook for themselves. These neighbors include seniors, the disabled or chronically ill adults. The services provided help ensure the continued health and well-being of over hundreds of elderly and homebound citizens in the community.

Meals on Wheels volunteer Grace Martin, age 84, started delivering meals once a week to up to 18 homebound seniors when she retired to Southwest Florida. "I call them 'my people'," she said. "I like to be there for someone. They are interesting people, and it's rewarding to give."



Grace Martin delivers Meals on Wheels to George Sand before the pandemic
photo by Kinlay Moroti

Volunteers will be scheduled at their convenience and are needed Mondays through Fridays between 9 a.m. and noon. Background checks are conducted, and volunteers who drive must have current driver's license and vehicle insurance information.

Meals on Wheels volunteers are among more than 3,000 volunteers who help Community Cooperative ease hunger and offer hope to people in need.

"We are so grateful for every volunteer who gives their time to Community Cooperative," said Rachell Mays, volunteer services coordinator. "We need each and every one of them to accomplish the vital work we do."

For information on how to get help, how to donate, or to learn about volunteer requirements and opportunities and fill out a volunteer application, visit www.communitycooperative.com. For information on volunteering for Meals on Wheels, call 337-1055.✱

Parents Can Help Others By Donating Food

Community Cooperative is providing an opportunity for parents who do not need extra assistance – provided by Pandemic Electronic Benefit Transfer (P-EBT) cards sent by the Florida Department of Children and Families late last month – to donate food to help other families impacted by the pandemic.

P-EBT cards were sent to parents of children who are eligible for free or reduced-price school meals or attend a school that offers them through the National School Lunch Program. Parents of every child in Lee County public schools did not have to apply or meet income requirements to receive the card in late June with a one-time benefit of \$313.50 per child. The non-transferrable cards expire next summer and can be used to buy food at stores that display a Quest or Supplemental Nutrition Assistance Program (SNAP) logo, including Publix, Target, Walmart,

7-Eleven, Trader Joes and others.

"The new cards for all Lee County children are a huge help for many struggling families," said Tracey Galloway, chief executive officer of Community Cooperative. "However, some families may not need the extra assistance and are looking to pay it forward with the benefit. Using the cards to donate food to Community Cooperative is an opportunity for families who may not require the assistance to help other families who do."

Community Cooperative, which has seen visits to mobile food pantries triple during the pandemic, is in need of food donations to meet the growing demand, including peanut butter, jelly, canned tuna and chicken, mayonnaise, macaroni and cheese, cereal, breakfast/granola/snack bars and shelf-stable milk. Because the P-EBT cards are non-transferrable, anyone wishing to donate to Community Cooperative using the cards must buy food with the card and drop items off to Community Cooperative, 3429 Dr. Martin Luther King Jr. Boulevard in Fort Myers. For more information, call 239-332-7687 or visit www.communitycooperative.com.✱

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Fort Myers Art:

Award-Winning Film Goes From Short To Feature



by Tom Hall

In March of 2019, actor, screenwriter and filmmaker Erin Beute burst upon the Southwest Florida film festival scene with *Bird's Eye*, a spellbinding 13-minute drama that tells the story

of an officious music professor who loses her sight only to unexpectedly find perfect clarity within the walls of an at-risk urban high school. In addition to screening at the 9th annual Fort Myers Film Festival last April, *Bird's Eye* was chosen as Best Short Narrative by the Bonita Springs International Film Festival and Best Florida Made Film by the Fort Myers Beach International Film Festival. The short closed out its film festival run recently with another win (10 total together with five other nominations), with Beute winning Best Performing Artist for *Alleluia*, the song that ends the film. But *Bird's Eye* is far from done!

"I've been underground for most of the past year," said Beute by phone from the paddock of the horse farm where



Erin Beute photo courtesy www.artswfl.com

her youngest daughter takes jumping lessons a couple of times a week. "But *Bird's Eye* is finished. It's completed. Ten drafts, and it's as ready as I can make it until it reaches the hands of the producers, who will make the adjustments producers make."

An unapologetic overachiever, Beute has not only transformed the short into a feature, she's developed it into a pilot for a made-for-television series too. She thinks the story has equal promise in either iteration, although a series would allow her to flesh out various storylines and subplots "subject to the limitation

imposed by contract renewal each year."

But Beute's open to either possibility, just as long as the project continues to the next level. Converting the short into a feature or series has been a labor of love for the aspiring screenwriter, who not only wrote the script for the short, but collaborated with filmmaker/director Scott Poiley on the film's award-winning music, which is one part classical, one part hip hop and a third part contemporary.

It's the music that best summarizes and embodies the collision of musical and cultural worlds that takes place within the story.

"Both rigid professor and mistrusting students find each other's humanity through relationship, compassion and community; this can't help but be reflected in their music, and that was our goal," said Beute, who started out as a vocal performance major in college.

If the project gets picked up, whether as a feature or a series, there will be greater opportunity to express the ways in which the classical, contemporary and hip hop influences ceasefire, merge and blend.

But Beute has no intention of writing the music on her own. "It will be so nice to hire someone who (writes musical scores) for a living and can just elevate (what we've already written). That's a dream of mine."

She did not enjoy that luxury, however, when it came to converting the screenplay from a short into a feature/series. That was all Beute, although she was able to solicit feedback as she polished and buffed the storyline, characters and overall screenplay.

"I'm really lucky to have some colleagues with a lot of great credits who agreed to read each subsequent draft and give me their feedback," she said.

As it turned out, assuming sole responsibility for each rewrite did produce invaluable perks.

"I learned to let go," said Beute profoundly, as her daughter guides her hunter effortlessly over another fence in the horse arena that serves as backdrop to our conversation.

"I found that as I grew as a writer and deepened into the real core of who I am, it changed the lead character in my work. As I saw her open, it showed me what was resonating back to me – to let go of the result, let go of the timetable, let go of my doubts about my own skills – to trust the talent that's within me."

And those are the very lessons learned and qualities acquired by Beute's *Bird's Eye* protagonist, the seemingly uncompromising and abrasive Dr. McAllister.

"In the final draft, I added a flashback sequence that reveals what lies at the core of everything that's wrong with her," Beute teased.

She resisted doing that for the longest time. In the short, for example, viewers have no idea why McAllister is the hard case that she is.

"She's a tough nut," Beute conceded, "and sometimes you don't get to know why people are the way they are. Then I realized that was actually me protecting her. So when I added the flashback sequence, we finally see her vulnerability, and she opens up in new ways within the story."

While Beute doesn't dwell on this aspect of her lead character in the feature or the pilot, the flashback sequence at least offers a rudimentary explanation of how her vulnerabilities influence the way she deals with her students.

"Her harshness is a way of protecting them, so that they learn to develop that protection for themselves," Beute said. "It's a faulty device, but it's the one she relies on until she learns better. There's something satisfying in that because we're similar on deeper levels."

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

Virtual Rain Barrel Workshop

The UF/IFAS Extension is offering an online Florida Friendly Landscaping (FFL) Virtual Rain Barrel Workshop on Saturday, July 25 at 10 a.m.

Rain barrels are a great way to reduce storm water runoff and to save water for a period of dry weather. In this workshop led by Lee County Master Gardeners, you will learn how to make and install a rain barrel to use at home.

Advance registration is required. Cost is \$45 and includes a pre-assembled rain barrel. A limited number of barrels are available and pick-up will be discussed during registration. To register or for more information, call the Rotary Park Environmental Center at 549-4606.

For information regarding the Florida Yards & Neighborhoods program, contact Stephen H. Brown at 533-7513 or fyn@leegov.com.*

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Historic Downtown

of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on

Saturday by appointment only. For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: The Archives of the Southwest Florida Historical Society, the *Fort Myers Press*, *The News-Press*, <https://commons.wikimedia.org>, www.company-histories.com, www.jaxhistory.org, www.npr.org, and www.nytimes.com.*

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From left, Aktion Club Advisor Karen Hurst, Builders Club Advisor Barbara Hartman, Fort Myers Metro McGregor Kiwanis Club President Elect Cathy Smith and LARC Aktion Club Coordinator Mary Pelo at the new Buddy Bench photo provided

Kiwanis Assists LARC In Creating Buddy Bench

The Fort Myers Metro-McGregor Kiwanis and Lee Association for Remarkable Citizens (LARC) Aktion club collected and recycled more than 200 pounds of plastic bottle caps to create a Buddy Bench for the LARC campus in Fort Myers. The bench is in rainbow colors and imprinted with the names of the organizations and "One friend can change your whole life." The bench was manufactured by The Roudebush Company.

"A Buddy Bench is a small, safe haven," said Karen Hurst, LARC Aktion Club advisor. "Individuals who are feeling emotional or lonely can sit on the bench as a clear signal to others that they are in need of social connection."

"The Aktion Club is a service

club for adults with disabilities," said Angela Katz, LARC development and communications director. "Aktion Club provides an opportunity for LARC participants to build leadership and decision-making skills. Our members experience meaningful community-service activities and learn how working together they can make a difference to the world around them. We are grateful to the Fort Myers Metro-McGregor Kiwanis for sponsoring our club."

Kiwanis International is a global community of clubs, members and partners dedicated to improving the lives of children one community at a time. Each community has different needs, and Kiwanis empowers members to pursue creative ways to serve the needs of children, such as fighting hunger, improving literacy and offering guidance.

To learn more about LARC, visit www.larcleecounty.org or contact Katz at 334-6285 ext. 229 or angelakatz@larcleecounty.org.

an appointment with any of the enrollment services offices, visit www.fsw.edu/remote/contact.

Broadway Palm Cancels Play

Broadway Palm recently announced the decision to cancel the run of *The Sound of Music*. Theatre officials remained optimistic that Southwest Florida would see a decline in cases of COVID-19, but with the numbers continuing to rise, they believe this is absolutely essential to protect their guests, staff members, performers and the entire community.

All ticket holders for these cancelled performances will be contacted. *The Sound of Music* was the final show in Broadway Palm's 27th season. The 28th season is still scheduled as planned and will begin on August 20.

For more information visit www.broadwaypalm.com.

FSW Begins Next Stage Of Return To Campus Plan

Florida SouthWestern State College (FSW) entered stage two of its Return to Campus Plan on Monday, July 13.

During stage two, all FSW campuses will open to students, and enrollment services offices will begin providing in-person assistance to students at all FSW campuses. Face coverings and social distancing will be required in all FSW buildings.

Enrollment services that will be open to students are: academic advising; admissions; Bucs CARE/dean of students/food pantry; campus rec; cashier; financial aid; international student services; mental health counseling; registrar; student engagement; and testing services.

For more information or to schedule

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Wine And Food Fest Helps Local Charities

Donors, trustees and supporters of SWFL Children's Charities, Inc. celebrated virtually and presented grants totaling \$1.4 million to three beneficiaries of the 2020 Southwest Florida Wine & Food Fest to enhance pediatric healthcare services and education programs in the five-county region.

Golisano Children's Hospital, Florida Gulf Coast University and Florida SouthWestern State College are the main beneficiaries. With more than \$1 million provided to Golisano Children's Hospital this month, the total raised funds to Golisano Children's Hospital to date is more than \$20 million to fund all kinds of programs including mental health, neonatal care, incubators and ophthalmology.

"Lee Health and the Golisano Children's Hospital are grateful to SWFL Children's Charities for their latest pledge payment of over \$1 million towards our pediatric ophthalmology program. With this payment, SWFL Children's Charities has now provided over \$20 million towards the outstanding facility and programs of Golisano Children's Hospital, including the new hospital, pediatric behavioral and mental health, and pediatric ophthalmology. As the leading donor to supporting children's health, we are extremely grateful to all the attendees and supporters of the SWFL Food and Wine Festival" said Dr. Larry Antonucci, president and CEO of Lee Health. "By



From left, Ray Higdon, Jessica Higdon, Patrick Denson, Sue McGrogan and Brooke Denson photos provided

working together for the benefit of our youth and their families, these programs are saving lives here in Southwest Florida."

Auctiongoers held their paddles high, giving generously to raise \$585,200 during the Fund-A-Cause to help provide local children with the care that is desperately needed to see and live a bright future through the SWFL Children's Charities Eye Institute of Golisano Children's Hospital. Supporters also rallied around the 2020 Child Artist, Eleanor O'Neal, who was born at just 23 weeks gestation, weighing only 1 pound, 3 ounces. Now a playful 1-year-old, Ellie took the stage during the live auction to present her vibrant, one-of-a-kind piece of art, a painting that reflects the beautiful colors that she now sees thanks to the care she received at



Cheese plate prepared by Brian Roland

Golisano Children's Hospital. Her artwork, titled *Do You See What I See?* raised \$125,000, and the original painting will be displayed on the wall of Golisano Children's Hospital.

The Southwest Florida Wine & Food Fest, a signature event of SWFL Children's Charities, features chef vintner dinners, a grand tasting and live auction. Since its inception 12 years ago, the event has donated more than \$24 million to benefit local nonprofit organizations. SWFL Children's Charities carries out its mission of saving children's lives by supporting organizations committed to pediatric health care services and education.

The other beneficiaries of the 2020 Southwest Florida Wine & Food Fest proceeds included: \$200,000 to Florida Gulf Coast University – scholarships for



Dr. Ann Cary with a check for FGCU

students majoring in pediatric health care sciences; and \$200,000 to Florida SouthWestern State College – scholarships for students majoring in pediatric health care sciences and equipment for FSW's health sciences department. Those two donations completed the two – \$1 million five-year pledges to the nursing programs at both schools.

Due to the pandemic, supporters gathered virtually for a wine tasting with Bricoleur Vineyards out of Sonoma, California, and celebrated with the three beneficiaries with stand-in checks and virtual cheers. A portion of the wine sales from the tasting also benefitted SWFL Children's Charities, Inc.

To learn more about the 2020 Southwest Florida Wine & Food Fest, visit www.swflwinefest.org.✱

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.flgoarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., [www.revtedalhouse@aol.com](mailto:revtedalhouse@aol.com) 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM
(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 10 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY

Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.

REDEEMER CHURCH
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST
Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcfmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10

a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD
Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

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Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.

Email changes to press@islandsunnews.com or call 395-1213.✱



Native crossvine's reddish stems and pairs of basal leaflets

photos by Gerri Reaves

Plant Smart

Crossvine

by Gerri Reaves

Crossvine (*Bignonia capreolata*) is a perennial vine of the bignonia, or trumpet-creeper, family.

Native throughout the southeastern U.S. and part of the Midwest, this high-climbing vine is deemed weedy and aggressive in some states. In Florida, it is an evergreen.

It closely resembles another member of the bignonia family with showy flowers, native trumpet creeper (*Campsis radicans*).

When stems are transected, cross-shaped pith is visible, thus the common name.

Long life, ornamental value and wildlife friendliness recommend this species.

The red or purplish woody stems can grow up to 50 feet long, spreading quickly via root suckers, so in a garden setting it usually requires pruning.

However, fast growth can be an asset if you want it to take over a fence or trellis. It also works well as a groundcover.

The opposite compound leaves have two basal leaflets and a tendril with a small adhesive disk in the center.

Leaflets vary from two to six inches, with smooth edges, tapered tips and a notch at the base that gives them a heart shape.



Spent crossvine flowers

The fragrant trumpet- or bell-shaped flowers, appear in a cluster of one to three in the leaf axils.

Their flower's shape inspires another common name, trumpet flower.

The exteriors are orange-red and the interiors yellowish red. The five irregular lobes flare out when open.

They bloom in spring and attract butterflies and, in particular, hummingbirds.

Drought tolerant but not salt tolerant,

it prefers moist well-drained soil.

For profuse blooming, give it a spot in full sun. It will also adjust to lower light conditions, even filtered shade.

Propagate it with winged seeds from the flat capsule or with cuttings.

The leaves and bark were used medicinally by Native Americans to treat various conditions, including rheumatism, edema, headaches and diphtheria.



images provided



New Decals Help Manatees And Sea Turtles

The Florida Fish and Wildlife Conservation Commission (FWC) is unveiling its new 2020 manatee and sea turtle decals. New editions of these collectible stickers are released every July and are available with a \$5 donation online or at your local tax collector's office. All proceeds from the decals help fund manatee and sea turtle conservation efforts.

The high quality, waterproof stickers feature beautiful original artwork and are designed to look good on a vehicle's bumper or the side of a boat. They can also be found on laptops, water bottles and coolers throughout the state and around the world. Collecting them is a fun way for people to support the research, rescue and management efforts that conserve these species.

"Proudly displaying your manatee or sea turtle decal is a great way to raise awareness about the challenges facing these iconic Florida species," said Ron Mezich, who leads the FWC's Imperiled Species Management Section. "And even more importantly, all proceeds from the decals go directly to helping these species and conserving their habitats."

The decals also spotlight important

conservation issues:

The Observe with Care decal shows an adult manatee and calf swimming above a bed of sea grass. In the 1960s, legendary wildlife researcher Jacques-Yves Cousteau helped raise awareness about Florida manatees worldwide.

Today, you can continue this legacy of manatee conservation by always using caution when boating, enjoying these amazing animals from a distance and encouraging your friends and family to do the same.

The Protect Florida Sea Turtles decal features a close-up photo of a loggerhead hatchling. There are many ways you can help protect sea turtles, including keeping the beach dark by not using lights or lit cell phones at night. Also, when you leave the beach after a day of fun, always make sure to fill in any holes, pick up trash and put away toys and furniture. It can make a big difference for sea turtles.

Learn more about how to help conserve manatees and sea turtles at www.myfwc.com/manatee or www.myfwc.com/seaturtle. To view and order past editions of decals from 1992 through 2019, simply type "decals" in the search box at www.myfwc.com.

You can also support these species by purchasing a Save the Manatee or Helping Sea Turtles Survive license plate at your local Tax Collector's office.

Call FWC's Wildlife Alert Hotline at 888-404-3922 if you see a dead, sick or injured manatee or sea turtle.*

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Don't Pass On The Passes



by Capt. Matt Mitchell

Fishing the passes has remained the best bite in town as the prevailing onshore west wind made getting out on the beaches just too sloppy. Which of our passes and on which phase of the tide this bite would happen seems to change from day to day. When I did find these fish, my clients would get an hour of wide open action that made the whole trip. Drifting while dragging live baits on the bottom worked best to catch snook, redfish and even a few big trout. Working out this pass pattern was often a little frustrating with no two days being alike.

Mangrove snapper action has begun to pick up as it does all summer long. When clients are looking for fillets to take home, these have been our fish of choice. We drop weighted small baits to the bottom in the deeper passes along with docks in these same areas. Tying on a little longer and lighter leader has helped as these fish are really leader shy in clear water. Often, I will downsize to six to 10 feet of 12-pound fluorocarbon and a No. 1 hook. Small shiners and live shrimp had these fish fired up. While fishing some favorite docks in the northern sound, we had these fish up on the surface giving us a crazy, sight-fishing bite.

Many of the shallower humps inside the passes have been good action on the incoming tide. St. James hump and a few of the shallower spots at the south end of Matlacha Pass lit up with a variety of species including trout, ladyfish, mackerel and jacks. Small shiners fished under a float and allowed to float on the tide made bending the rods easy. This bite has only happened on the incoming tide as I think the water is just too hot on the outgoing tide.

The westerly wind pattern we have had all week gave us both high humidity and a disturbed weather pattern bringing coastal storms at almost any time of day. For four days in a row this week, I just could not dodge this weather and got soaked. On my return from Captiva to St. James City early in the week, I got wacked by a micro burst just a mile from home. After thinking I could make it around the small fast-moving storm, I was caught by blinding rain and wind gusts I'd estimate at 40 mph-plus. Keeping your eyes on the sky doesn't always work this time of year.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱



Spencer Nowell with a big snook caught while drifting the passes with Capt. Matt Mitchell this week
photo provided

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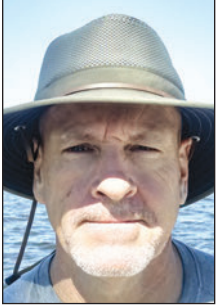
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CROW Case Of The Week:

Gopher Tortoises



by Bob Petcher

Puncture wounds on the shell of a gopher tortoise (*Gopherus polyphemus*) can be troublesome. In 2019, CROW reportedly admitted 12 tortoises that had been attacked by dogs. Of the

confirmed cases, nine were released and one was deemed a permanent captive due to a leg injury.

This year, four "dog attack" gopher tortoises have come into the clinic to be cared for – two of them during a recent two-week period. On June 26, a juvenile gopher tortoise that suffered multiple puncture wounds to its carapace (upper shell) and plastron (under shell) and a fracture to the bridge (sides that connects the upper and lower shell) was admitted from Sanibel. On July 6, another juvenile gopher tortoise that had puncture wounds to its carapace as well as a displaced piece of its shell was admitted from Lehigh Acres.

The punctures to the top of the shell of the first tortoise were suspected to have also punctured the lungs based on expiration sounds and bubbles. This was confirmed with x-rays.

"Mammals and birds breathe when muscles expand and contract their rib cage," said CROW's Rehabilitation



Patient #20-3242 had the more severe wounds of the two tortoises

photo by Missy Fox

Manager Breanna Frankel. "Tortoises cannot do this because their ribs are fixed to the inside of their shell, so they have different muscles that allow them to inhale and exhale. Their lung-to-body ratio is much larger than humans, which means they do not have to breathe as often. Since their breathing mechanism is different, if the top of their shell has punctures into the lungs, it may not affect their overall ability to breathe. The biggest concern is whether or not the lungs will heal completely, and each case is different."

Remarkably, tortoise lungs can heal if given enough time. The trick is to clean and bandage the wounds very carefully so as not to get any fluids into the lungs.

"All puncture wounds are cleaned and

flushed daily for the first few days at the clinic, and the severe ones are filled with an antimicrobial gel to keep them healthy while they begin to heal. Some of the less severe punctures do not require any topical medication and can just be covered with a dry gauze bandage for protection while they heal," said Frankel. "Our most severe cases sometimes require months of bandage changes before they are ready for release."

Both recent patients have improved during their stay.

"(The June 26) tortoise has been improving very quickly and no longer requires any bandages. Initially, you could hear the air escaping out of the puncture wounds from the lungs, but they have

since healed over. Our hope is that it will continue to improve and be ready for release over the next couple weeks," said Frankel. "The July 6 tortoise is doing well considering the severity of the wounds and has started eating well. The displaced shell fragment was removed, which left a portion of the shell missing. This area is flushed every other day and antimicrobial gel is applied to the area then re-banded. We hope to see some healthy tissue growth over the next several weeks as its body continues to heal."

Frankel stated gopher tortoises, especially young ones, are generally in care much longer than other patients due to the time it takes them to heal. Dog owners must take heed and keep their pets leashed while near a gopher tortoise's habitat.

"Typically, we see tortoise hatchlings the size of ping pong balls to juveniles the size of a small dinner plates admitted due to domestic animal attacks," said Frankel. "Their small size makes them easy targets. Since they are relatively slow moving and their defense mechanism is to pull all their limbs into their shell, it's easy for animals to pick them right up and use them as chew toys. That's why it is so important for pet owners to keep a close eye on their pets while outside and keep them leashed when enjoying nature."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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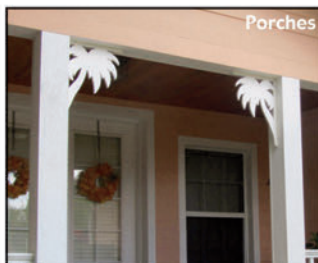
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New equipment purchased with grant funds from the Sea Turtle Grants Program will assist CROW staff in treating endangered sea turtles, particularly large loggerhead sea turtles

photos provided

CROW Receives Grant To Help In Sea Turtle Care

The Clinic for the Rehabilitation of Wildlife (CROW) recently received a grant for \$10,258 from the Florida Sea Turtle Grants Program, which is funded by the sales of the sea turtle specialty license plate.

With hundreds of miles of shoreline, Lee and Collier Counties' barrier islands provide an abundance of important

coastal habitat for juvenile sea turtles and beaches for nesting adult turtles. As the only licensed sea turtle rehabilitator between Sarasota and the Florida Keys, CROW plays an important role in helping preserve the health of sea turtles in Southwest Florida. In recent years, CROW has helped pioneer research to develop treatment for sea turtles affected by red tide poisoning, significantly increasing their survival rate.

CROW was awarded the grant to support the purchase and installation of a new hoist, gurney and scale for use in treating sick or injured sea turtles. The



The Sea Turtle Grants Program is funded from proceeds from the sale of the Florida Sea Turtle License Plate. Learn more at www.helpingseaturtles.org.

new equipment will be especially helpful in aiding the treatment of loggerhead sea turtles that can weigh 200 pounds or more.

The funds were awarded through a competitive application process that is open to coastal county governments, educational institutions and Florida-based nonprofit groups striving to improve the livelihood of sea turtles and conserve Florida habitats.

Launched in 1996, the Helping Sea Turtles Survive specialty license plate raises money for two important programs that benefit Florida sea turtles – the Florida Wildlife Conservation Commission's Marine Turtle Protection Program and the Sea Turtle Grants Program, which distributes money back to the local level for turtle conservation projects.

The sea turtle plate is currently the number two overall selling specialty tag in Florida – second only to the University of Florida specialty plate, making it the number one environmental specialty plate.

"It's rewarding to know that so many people share our concern for Florida's sea turtles," said David Godfrey, Sea Turtle Conservancy executive director. "What we do in this state has a dramatic impact on sea turtle populations around the world. By purchasing the sea turtle specialty plate, Floridians are voluntarily funding important programs to save these amazing creatures."

To learn more about the Sea Turtle Grants Program and the Helping Sea Turtles Survive specialty license plate, please visit www.helpingseaturtles.org.✱

Trees Reach Champion-Level Height At Estates

Edison and Ford Winter Estates has five trees on the official Florida Champion Tree Register. The American Forests organization created the champion tree program in 1940 to recognize the largest known tree of each species in the United States. In 1975, Florida began keeping a state register and recognizing the largest trees within the state.

For a tree to qualify, a forester from the Florida Division of Forestry measures and scores it for program consideration. Scores are based on tree height, trunk circumference measured at about four and half feet from the ground, and crown canopy. The champion isn't always the tallest tree. For example, the champion Buddha Coconut tree (*Pterygota alata*) in the Edison Ford research gardens is one of the tallest trees on the property, measuring 85 feet tall, but it is actually eight feet shorter than the other Buddha Coconut on the grounds. The champion has a larger circumference



A Buddha Coconut at Edison and Ford Winter Estates stands 85 feet tall

photo provided

(112 inches) and larger crown canopy, giving it a few more total points.

There are four other champions around the site: the King or Alexander Palm (*Archontophoenix alexandrae*) is located near the Moonlight Garden and stands at 66 feet tall and 40 inches

in circumference; the Blue Mahoe (*Talipariti elatum*) is 59 feet tall and 133 inches in circumference and is growing near the pier; the Indian Coral Tree (*Erythrina variegata*) is 35 feet tall and 114 inches in circumference and is located near the Edison guest house; and the Puerto Rican Hat Palm (*Sabal causiarum*) is 45 feet tall and 89 inches in circumference, and stands near the Edison caretaker's house.

Other notable trees, include the Ditabark (*Alstonia scholaris*), located at the far end of the first parking lot off McGregor Boulevard. It is a Florida Challenger at 69 feet tall and 130 inches in circumference. It's a big tree, but there are two co-champions in Miami-Dade County that score higher. The iconic banyan tree is considered by many to be the largest banyan in the continental United States and was once awarded Florida Champion Tree status. However, to protect historic buildings, the tree has been trimmed. The program currently lacks a standardized method to measure the circumference of trees like the banyan, which prevents it from officially being declared as a champion. Tree experts are trying to establish a standard method for measuring banyans for future comparisons and the Florida

Champion Tree program does not currently include banyans on the list of measured species.

There are many other majestic trees on the property, including ones that don't qualify for Champion status. The Mysore Fig (*Ficus drupacea*) on the Ford property is grand with a height of about 86 feet and a circumference of 305 inches, but it does not even qualify for challenger status. The site has had six other champions over the years; however, some trees have died and others have been surpassed by trees elsewhere in the state.

Beyond the champion trees, there are hundreds of other plants for visitors to see. The botanical gardens consist of 20 acres with more than 1,900 plants from 750 different species – not counting short-lived plants. There are also 300-plus species of ornamentals, 170-plus species of non-fruiting trees, 85 species of fruit trees, 14 species of citrus trees (not including the new plantings on the Ford property), 20 species of ficus, 97 species of palms, 17 species of bamboo, 20 species of cycads, 43 types of vines and 35 staghorn ferns.

For tour times, tickets or more information, visit www.edisonford.org or call 334-7419.✱



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Book Review

Camino Winds



by Di Saggau

John Grisham's latest novel *Camino Winds* hits close to home. It's about a murder mystery and a particular crime author and also a Category 4 hurricane brewing off the Florida

shores. Bruce Cable, owner of Bay Books and an undeniable force in the brutal world of bookselling, is keeping one eye on the Weather Channel while tending to his customers. While many flee the storm, Bruce decides to stay and ride things out. The hurricane is devastating, leveling homes and condos, hotels and stores. The streets are flooded, and a dozen people lose their lives.

One of the victims is an author friend of Cable's, Nelson Kerr. Cable is a friend and drinking buddy to Kerr and others in the island's literary crowd, including "an ex-con who'd served time in a federal pen for sins that were still vague." Cable finds the body and suspects that Kerr's death is a homicide. He engages an intern, a girlfriend and other assorted players to piece together what has happened to Kerr. The only known enemy is Kerr's ex-wife, but since she got all the money in the

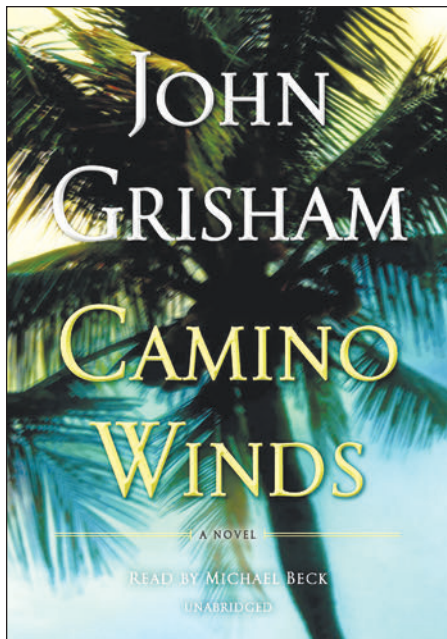


image provided

divorce, she's soon scratched off the list.

It seems Kerr's latest novel, which has not been published and is stored in his computer, is about a nursing home owned by some disreputable people. In these homes, people with Alzheimer's are given a blackmarket drug that keeps them alive longer in order to bilk the government out of many thousands of dollars. The author says there are six million Americans suffering from Alzheimer's, and the number is increasing rapidly. He goes on to say that last year Alzheimer's cost the federal government close to

\$300 billion in Medicare and Medicaid payments. All these facts are part of the plot.

And there are lots of plot twists to keep us involved, along with a few surprises. As Cable investigates, he

School Smart



by Shelley M. Gregg, NCSF

Dear Readers,

Many of you have asked what can I do this summer to help my child prepare for kindergarten. Going to kindergarten is

a rite of passage for children, and it's both thrilling and challenging. And as exciting as this time may be for some, many kindergarteners struggle initially with the long days, challenging curriculum and time spent away from loved ones. Here are some great ideas from Dr. Ann Bettencourt, professor at The Johns Hopkins University, that will help your child become ready to learn.

Establishing strong routines at home is a great way to help children prepare for school. Routines help children learn, make them feel safe and in control of their world, and increase their self-confidence and sense of belonging within the family. Some very important routines to develop are around bedtime, reading and mealtime.

Bedtime routines ensure kids get a good night's sleep and will be ready for the next day. A bedtime routine should include a consistent bed time and a predictable order of activities like bathing, putting on pajamas, brushing teeth, reading a favorite story or singing a favorite song, and getting a goodnight hug or kiss.

Read with your child. Reading with your child for at least 20 minutes a day will build language and literacy skills. Plus, it will also give you some one to one time with your child that will help increase your emotional bond. This reading routine can be part of the bedtime routine or, at another time, convenient for you and your child. Just find a time that works and stick with it.

Having a family mealtime routine is not only an opportunity to teach your children about healthy eating habits, but is also a chance to spend quality time talking with your children, which builds their language and strengthens their relationship with you. You can also build in routines around mealtime that will be useful to your children in school, such as washing your hands before dinner or teaching them how to clear dishes from the table.

Tell your child what to expect at school. Talk to your child about what kindergarten will be like to help them start preparing for this big transition. Children often have lots of questions about kindergarten, particularly if they are starting at a new school. Spend time talking with your child about what kindergarten will be like, who will be the

teacher, what will the daily home and school routines look like. You can also talk about what going to kindergarten was like for you as a way to model how your child can share feelings about kindergarten.

Take your child shopping for their school supplies. It's exciting for them to be involved in picking out their school materials like their backpack and school clothes.

Finally, stay current with all vaccinations. Take your child to the pediatrician for a checkup, and make sure all immunizations needed for kindergarten are up to date. It's so important for them to stay healthy and attend school every day, even in kindergarten.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧

College Graduates

Jonney Lee of Fort Myers graduated from Worcester Polytechnic Institute with a bachelor of science degree in electrical and computer engineering.

Jack Donaldson of North Fort Myers graduated with a bachelor of science degree in business administration from Nichols College in Dudley, Massachusetts.✧

Academic Achievements

Eight Fort Myers residents received academic accolades at the University of Alabama in Tuscaloosa, Alabama recently.

Ryan Albrecht, Lily Griffith, Olivia Stover and Bethani DeMaria were named to the spring 2020 President's List with an academic record of 4.0. Haley Edwards, Nicole Nin, Aden Phoenix and Robert Rose were selected to the Dean's List with an academic record of 3.5 or above for that semester.

Kaili Yap of Fort Myers was named to the spring 2020 President's List at College of Charleston in Charleston, South Carolina. Yap is majoring in Chemistry.

Joseph Mera of Fort Myers was named to spring 2020 Dean's List at Samford University in Birmingham, Alabama. He is majoring in health sciences.✧

EPIC FIRES OF FORT MYERS

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THOMAS P. HALL
ROBIN C. TUTHILL, EDITOR

"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams

Life Insurance

Insuring Cash Flow



J. Brendan Ryan,
CLU, ChFC, MSFS

Cash flow is an essential in life. From even before the day we are born up to and even beyond the day we die, we need money to survive, thrive and finally check out.

We spend on ourselves and, especially at the beginning and the end of our lives, others spend for us and on us.

There are four great potential interrupters of cash flow: unemployment, death, disability and retirement. And financial instruments exist to protect against these last three threats.

As for the interruption of cash flow resulting from death, life insurance was created hundreds of years ago. Some life insurance, of course, is used for its lump-sum benefit, such as for buying a business from a deceased partner's estate or paying off a loan or taxes in a single payment. But the vast majority of life insurance is used in the family setting to replace the cash flow that had been provided to the spouse and kids from the earned income of the breadwinner who died. He or she no longer needs the cash flow, but the survivors sure do.

Regarding retirement, the paycheck stops when the worker leaves the workforce. But our financial system has devised retirement-income plans – and tax law has encouraged and supported them – to replace that lost income and thus continue the cash flow, hopefully for the rest of the retiree's life and that of the spouse, if needed.

As for disability, many people do not think about this at all, or they assume that this is a benefit that is automatically provided by the employer or that Social Security will cover. So, they feel they do not have to worry about it.

Large employers' benefit packages do cover disability, subject to limits, as discussed below. But many medium and

small employers do not. And Social Security can be helpful, but is hard to qualify for, has a long wait and, in many cases, pays an inadequate benefit.

Employer-provided disability benefits received, if the premium has been paid for by the employer and not included as salary for the employee, are taxable as ordinary income. And, depending on the design of the plan, it may or may not pay benefits all the way to normal retirement age, even if the disability lasts that long.

Major shortcomings of most employer-provided plans include the cap on the amount of salary that is covered. The plan may cover the first \$8,000 or \$10,000 of gross monthly income and pay 60 percent of that income as a disability benefit. And the formula usually does not cover bonuses. So, a person making \$15,000 or \$20,000 per month plus a bonus will get only a fraction of that 60 percent. Plus, it usually covers just total, not partial, disabilities.

Those who enjoy no employer-provided disability benefit, or who make substantially more than the maximum covered salary, have an alternative if they are healthy enough to be insurable.

They can obtain an individual income-replacement policy from one of a number of insurers. In many cases, one can in this way cover earnings up to 70 percent of gross earnings and can have it payable during total or partial disability all the way to retirement age. This policy is portable, going with the employee from one job to another. The premium is usually paid by the employee with after-tax dollars and, then, any benefits are received tax-free. If the employer chooses to pay this policy's premium for the employee, then premiums paid are deductible by the employer and not taxable to the employee, but any disability benefit received would be taxable as ordinary income.

Having an emergency fund is essential in protecting one's cash flow. But for longer, even permanent, interruptions of cash flow due to death or disability, insurance can be a godsend.

*J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at jbryanclu@aol.com.**



Officials break ground on the new San Carlos Park fire station

photo provided

Ground Broken On San Carlos Park Fire Station

Wright Construction Group, construction manager for the new San Carlos Park Fire District Station 54, recently broke ground on the project and began construction soon after. The new station will be located on Oriole Road.

The fire station facility will total nearly 10,000 square feet and include three apparatus bays, sleeping quarters for on-duty crews, a storage tank to supplement

the fire protection service and a backup power generator. The new fire station will also include a stand-alone-training tower on the property as well as a large training room within the station itself.

The company will work closely with subcontractors and suppliers to ensure the project is delivered ahead of schedule, under the district's budget and completed with the highest quality.

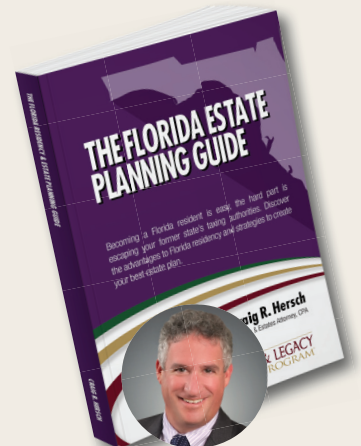
"We have seen exponential growth in the area population, along with the addition of many new businesses and residential communities," said Fred Edman, president of Wright Construction Group.

"The much-needed station will provide a great service and faster response times to residents throughout San Carlos Park." **

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by Craig R. Hersch
Florida Bar Board Certified Wills,
Trusts & Estates Attorney, CPA &
Island Sun Columnist

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Why Israel Lacks Statues



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

I'm going off topic today, choosing to address the controversy surrounding the removal of statues around our country. I understand fully those who favor the removal of confederate military figures from places of prominence. I imagine that anyone, in particular a Jew living in or visiting Germany, would be mortified if German law allowed Third Reich statues to stand in public squares rather than being banned as they are.

Much of today's controversy extends to statues of confederates who fought for slavery. Perhaps placing those in museums where they can stand amidst descriptions providing

appropriate context is an acceptable compromise. But what of our founding fathers who also owned slaves? A recent essay written by a black descendant of Thomas Jefferson suggested replacing the Jefferson Memorial located at the Tidal Basin of the National Mall with one of Harriet Tubman, an escaped slave who fought as an armed scout for the Union Army.

While I sympathize with these feelings, at the same time, I find frightful the crowds defacing and tearing down statues without any public debate or officially sanctioned action. As *New York Times* columnist Bret Stephens said in his July 3 post, "George Orwell was here before us. In connection to the recent vandalism of monuments and destruction of statues, a line from 1984 has been making the rounds – 'every book has been rewritten, every picture has been repainted, every statue and street building has been renamed, every date has been altered.'"

To consider another context, contrast Israel, where these types of issues are not likely to arise. "Israelis tend to be uncomfortable with statues of their leaders," said Maoz Azaryau, a researcher at the University of Haifa who studies monuments. "They see them as golden calves." This reference, of course, to Exodus 32:4 when the Israelites created a false idol as they became nervous Moses wouldn't return during his 40 days and nights atop Mount Sinai where he received the Ten Commandments.

Within Israel there are a few sculptures of political figures. There's a bust of David Ben-Gurion, the first prime minister of Israel at the international airport in Tel Aviv bearing his name. A bust of Prime Minister Yitzhak Rabin sits near the site of his assassination in Tel Aviv. A memorial including the likeness of British Zionist

Alfred Mond stands in the Israeli town he founded, Tel Mond, but it's an abstract representation. And there's one in North Tel Aviv of Swedish diplomat Raoul Wallenberg, who saved tens of thousands of Jews during the Holocaust, but it's a replica.

Orthodox Rabbi David Stav states Israeli's aversion to memorializing individuals is rooted in the Jewish prohibition against idolatry. "Jewish tradition does not encourage admiring individuals, but rather admiring ideals," he said, noting that the Torah is conspicuously silent on the location of Moses' grave.

Azaryahu agreed. He said Israel's political culture makes it difficult for heroes to emerge, let alone last long enough to get their own statues. Even one-time heroes like Ben-Gurion or Defense Minister Moshe Dayan were "eventually demolished," he said. "You don't have a hero cult in Israel, like in Roman, later European and American tradition," he stated. "For someone to become a statue, they need to be shrouded in myth, and you can't have that here."

Which begs the question for us in the United States.

Should we immortalize our heroes in bronze? Are statues of anyone appropriate? Note that there isn't any controversy over our Statue of Liberty, which represents an ideal and not an actual person.

But certainly, our culture is different. We've made *People* magazine popular. Lionized sport and movie stars become national heroes.

I'm not immune, either, having snapped family photos in front of statues of Florida Gator Heisman Trophy quarterbacks Steve Spurrier, Danny Wuerffel and Tim Tebow outside Ben Hill Griffin Stadium. Do I worship them as idols? I'm not that fanatic.

What if Lee County (named after the confederate general whose bust was recently removed from Monroe Street in downtown Fort Myers) was renamed Spurrier County with an appropriate statue located next to the big banyan tree at the county courthouse? Would FSU and University of Miami grads be justified to tear it down?

I say this to bring a little light-heartedness to a weighty topic. Please don't eviscerate me!

Nevertheless, in today's climate, I believe it's appropriate to ask questions. Do we tear down statues because they offend? Should we instead examine the worthiness of a statue or monument based upon the ideal that it stands for? For any monument, how do we identify that ideal? Who so interprets? Couldn't that interpretation differ within the mind of each viewer?

I believe my pay grade isn't up to snuff to answer those questions. I merely raise them. I'm interested in your take. If you care to share, please email me and hersch@sbshlaw.com.

©2020 Craig R. Hersch. Learn more at www.sbshlaw.com.✧

Law Firm Creates Campaign To Help Families

A project created by the Law Offices of Dennis L. Webb, PA, called Webb of Support will give \$1,000 a month, to be divided among four families or individuals, to help them cope with the financial challenges brought on by COVID-19. The campaign began July 1 and will run through the end of the year. It will partner with local nonprofits to serve those in need.

Each of the recipients will be given \$250 in gift cards from Publix Super Markets and gas stations courtesy of the law firm, which annually supports many community projects. Each month, four new applicants will be chosen to receive the gift cards.

The pandemic has left many individuals out of work and unable to pay mortgages, buy food and keep up with utility bills. Webb hopes the firm's gesture of kindness eases some of the hardships facing families. The idea to help the community in need came from Webb's wife, Naelene Webb, who is a registered paralegal with the firm.

"This is the worst crisis on the home front in my life. It's horrible," Dennis Webb said. "My wife and I were going to Punta Gorda, and there was a long line of cars, maybe 100, and suddenly I realized they were picking up food at an elementary school. You realize that people can't even afford food."

To apply for the donation, visit www.swflawyers.com/webb-of-support

swflawyers.com/webb-of-support to fill out a simple application to be considered for the gift cards. Applicants will be asked basic informational questions, including how COVID-19 has impacted their lives and how the grant will benefit them.✧

Safety Measures In Place For Jurors At Justice Center

New safety measures are now in effect for all visitors to the Lee County Justice Center, including citizens reporting to jury duty. The rules are designed to keep everyone safe while accessing courthouse services.

All guests must wear a face cover or mask, have their temperatures checked, maintain six feet distance from others, and complete a health questionnaire regarding COVID-19 symptoms. Anyone with a fever above 100.4 degrees will not be allowed to enter the courthouse.

"Jurors are the most frequent visitors to the courthouse, and their health and safety is my top priority," said Lee County Clerk of Courts Linda Doggett. "We're working closely with the judges and court security to ensure they all stay safe while performing their civic duty."

To ensure proper social distancing, a maximum of 125 potential jurors will be summoned per day for criminal trials, which start Tuesday, July 21. Two criminal trials will be held daily, up to four days a week. While most civil trials

have been suspended, jurors may be selected to participate in a virtual civil jury trial pilot program to evaluate how to conduct civil trials remotely.

Once checked in, jurors will be escorted to the courtroom in small groups by a bailiff. Elevators are restricted to two people at a time, and each courtroom has maximum capacity. Courtroom seating is also marked to assist with required distancing.

Hand sanitizer stations have been placed throughout the courthouse, and all court facilities are sanitized frequently and deep cleaned daily. Social distancing markers have also been installed inside and outside the courthouse.

Anyone with COVID-19 symptoms, such as cough, fever or shortness of breath, are asked stay home. Jurors experiencing symptoms are asked to postpone their service by visiting <https://jury.leeclerk.org>, by emailing jury@leeclerk.org, or calling 533-5000. Potential jurors may be excused from jury duty if they are:

At higher risk for severe illness due to COVID-19 infection as identified by the CDC;

Caring for a child or relative whose regular care provider is closed or unavailable for reasons related to COVID-19; or

Receiving leave pursuant to the Families First Coronavirus Response Act.

Learn more at www.youtube.com/watch?v=h63jw9P58WU. For more information on jury duty, visit www.leeclerk.org.✧

A/C Company Donates Units For Youth Clubs

The Boys & Girls Clubs of Lee County (BGCLC) recently received two new air conditioning units from Gulf Shore Cooling for their Lehigh Acres club.

"Gulf Shore Cooling is a strong business partner in the community, and we sincerely appreciate their support of our organization and commitment to helping the youth in our community," said Denise Gergley, CEO of the Boys & Girls Clubs of Lee County.

The Boys & Girls Clubs of Lee County exist to enable all young people, especially those who need them most, to reach their full potential as productive, caring, and responsible citizens.

"I personally want to thank Tyler Nara, and Lorraine and Gary Wright for coming to our rescue when two of our air conditioning units needed to be replaced at our Lehigh club," Gergley said. "We are so grateful for this generous donation. It is because of companies like Gulf Shore Cooling, that we are able to continue to provide a safe and positive environment for our youth."

The BGCLC believe that each student possesses unique gifts and talents. They also believe that it is their responsibility to help them to uncover and exercise those unique talents to help their families, communities and the world.✧

Superior Interiors

The Nooks And Crannies Of Your Home Decoration



by Linda Coin

Decorating your living space, especially with so much more downtime than you're used to, can be one of the most thrilling ways to spend your days. Whether you want to completely

renovate the bedroom or simply add a few new accessories to the kitchen, there are so many simple opportunities to bring new life to your home via interior decoration.

Perhaps the space you want to redecorate is one you've never tackled before. Maybe it is the area in the home you've generally considered an empty space without meaning, one that never seemed to need any attention in the past but now is screaming for consideration. We're talking about the nooks and crannies, those small spaces in your home that don't seem like much with a quick glance, but now seem to need more attention than you have ever provided.

It's easy to assume that home redesign means buying new accessories and decorations to fill the void of a small space. However, you might already have all the pieces to the puzzle right in your home. Nooks and crannies present the perfect opportunity to get creative and make this place personal with meaningful

items you already have. If you have special art, plants, or statuary, displaying those items makes it personal, both for the homeowner and guests.

If you're not interested in creating your own personal sanctuary, there are plenty of other options for decorations that won't take as much thought. Simply creating a space that provides functionality can be all you need to complete the space. Simple items that can also complete a space would be a chair and small table with a lamp, a bench or a table displaying photos. Items that give it a true purpose, such as a cozy reading corner, always add character to a home.

Remember, sometimes less is more. You don't have to go above and beyond with the small spaces in your home. Sometimes, a few simple photos or accessories can do the trick. Not every nook and cranny has to be decorated. Allowing the eye to rest on occasion can be more comfortable.

Between new design trends surfacing and classic home furnishings posing new possibilities for home rejuvenation, there are so many ways to give your home a refreshing, new look while spending more time inside your home. If you're in the mood to reevaluate the current set up and design of one (or more) rooms within your dwelling but you're not sure where to get started, reach out to a design professional. The nooks and crannies of the home can be difficult to navigate if you're lacking experience. Designers have an eye for choosing the right colors, patterns, theme and furniture to fit within a living space and make it feel cozy, inviting and more complete.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecdn.com.✱

Business Rehire Program Begins

Businesses have an opportunity to apply for help through the LeeCARES Business Rehire grant program, which began on July 6.

Assistance is available to eligible businesses (and some nonprofits) that are rehiring employees laid off or furloughed due to the COVID-19 pandemic.

Grants of \$5,000 are available for each full-time employee (FTE) rehired. Funds can only be used for operating expenses not covered by other resources. Businesses receiving the federal Paycheck Protection Program (PPP) may be eligible if their covered loan period has expired.

Businesses must have 250 or fewer employees, and the business owner must be a Lee County resident.

The program will:

Provide grant funding to eligible small businesses for rehiring full-time equivalent (FTE) positions that were on the payroll as of March 1, 2020. Eligible positions must be rehired on or after July 6.

Provide grants of \$5,000 per full-time equivalent positions rehired, up to \$10,000 for businesses with 10 or fewer employees or up to \$20,000 for larger qualified businesses with fewer than 250 employees. Note: all 501(c)3 and 501(c)19 organizations are eligible.

Allow grants to be used for operating expenses not covered by other resources,

including working capital, professional services or employee training.

\$2,000 of each job grant may be accessed once the FTE position is back on the payroll. The other \$3,000 of each job grant may be accessed once the FTE position has been retained for 60 days.

Applications and additional eligibility requirements will be available at www.leeflcares.com or by calling 533-2273.

The program is part of the Lee Board of County Commissioners plans to allocate about \$134.5 million from the federal Coronavirus Aid, Relief and Economic Security (CARES) Act. The funding includes: \$45 million to human services programs including the individual assistance; \$25 million to Business Relaunch and Rehire programs and PPE; \$23,950,000 for public safety and medical expenses, including contact tracing, EMS transport, quarantine housing, etc.; \$20 million for governmental COVID-19 direct expenses for Lee County and constitutional offices, including PPE, facility safety, public education and messaging, data collection, elections, telework, etc.; \$20.5 million for general reserves for COVID-19 costs.

For a dashboard that shows assistance statistics, visit at www.leeflcares.com/ transparency. Application instructions also are available in Spanish by calling 533-2273; applicants without Internet access can also call the number. Hours are 8 a.m. to 5 p.m. weekdays.

Updates about the county's response to coronavirus can be found at www.leegov.com/covid-19.✱

Webinar On Organizational Strategy

Achieving high levels of personal and professional excellence are goals we all strive to obtain. Dr. LauraAnn Migliore, organizational strategist at Abundant Knowledge, LLC, will be offering strategies to achieve this at the upcoming Association for Talent Development (ATD) Southwest Florida Chapter webinar on Wednesday, July 29 from noon to 1 p.m.

The discussion on decision-making models for personal impact to organization strategy will review different types of decision-making models to fit a variety of organizational situations. Knowing which decision-making model to use and when, will upgrade your decision-making skills to keep pace with current and ongoing business needs and strategically impact organizational effectiveness.

In this session, Migliore will demonstrate principles of prudent decision-making using principles of evidence-based management and bounded rationality along with some decision-making models to improve the



Dr. Migliore

TD professional's strategic impact to the organization. Her approach will address the ATD Capability Model in the domain of personal and the capability of emotional intelligence and decision making. Using scenario-based examples, she will facilitate participant discussion on: data and information handling; logic and rationale; and anchoring to core values and beliefs.

The participant-centered dialogue will help attendees gain new insights and expand personal and professional perspectives in the decision-making process, including new techniques.

Registration for this online program is \$15 for members and \$20 for non-members. Members are allowed one guest for free. Students are \$10. Register online at: www.atdswfl.org. Deadline for registration is Tuesday, July 28. This session is eligible for one ATD educational credit.✱

Concourse At Airport Reopens

The Lee County Port Authority recently reopened Concourse C at Southwest Florida International Airport. As of July 15, all departing and arriving flights for Delta Air Lines and United Airlines at RSW are now resuming operations in Concourse C.

All passengers for Delta and United should proceed to Concourse C for security screening and flights. Ticketing and check-in remains the same.

For more information, visit www.flylcpa.com.✱

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HELPING THE WORLD SEE CERVICAL INSTABILITY WITH 2020 VISION!

Frankly Speaking



by Howard Prager

Doug Plank is a former NFL safety who was known for his hard, take-no-prisoners hitting of players much faster and bigger than he was. A successful coach in the NFL and Arena football,

he went to college and played just five games at Ohio State, mostly on special teams, yet became the 12th round pick of the Chicago Bears in 1975. He spent time talking to me about football and success.

"I think of life as a meal – salad, entrée, dessert. NFL is the dessert. Many players have their dessert first and after the NFL, it's all over for them. I always am looking ahead. What's coming next? I was never the best, fastest or strongest player. I'm only 5-10 and am taking out guys who were faster, stronger and all-stars at 6-6, 260, and here's me coming. I considered myself the hulk on the field and would take on anyone. Players saw me and went the other way. I didn't care about interceptions, I wanted to make sure they didn't catch the ball."

Plank was a quarterback in high school in western Pennsylvania. His conference had an annual banquet, and the speaker was George Blanda. Blanda played 26

seasons, the most in the NFL, and was the oldest player when he retired at 48. He also scored more points than anyone at that point. "He inspired me to always be my best. When I went to Ohio State, I tore two ligaments in the first 30 minutes of practice. I was out. When you're injured, you're moved down to the lowest squad. I worked hard to rehab all year and worked up to the second squad. But playing for Woody Hayes it was either first team or 'all you others.' The first team got the best practice time and finished in time for dinner. Everyone else? Last practice time and often too late for dinner. But I played with so many all-stars, first round picks, how could I not consider myself lucky?" One key learning was a poster on the wall that read YAWYAW – You Are Who You Associate With. Plank learned that associating with better players would always inspire him to be his best.

But it wasn't easy. He went for a tackle at the Ohio State-Michigan game his senior year but instead pushed the player forward. He went 30 yards and scored. "I made several excellent plays after that, and we won. No matter, I missed that play and was out for the Rose Bowl. I was so frustrated I took it out in practice on my teammates. And when I was drafted by the Bears the next season, I played with no holds barred." When the defensive coach on the Bears saw him, he said "we don't have to motivate this guy, he's already got it."

Plank did something else differently. He motivated himself by playing a "game

within a game." "Even in the 4th quarter when others are starting to peter out, I played with reckless abandon. My teammate Gary Fencik and I played the 4th quarter like it was the first. Whatever the score, we tried to see how many tackles we could have, how many stops could we make? It's your attitude that carries you, not your talent. Other players didn't have that voice inside of them that said go go go. I worked hard every practice. I left everything on the field." I've heard that phrase a lot. For Plank it meant he was totally spent and, after the game, he could barely walk to his car. He had both shoulders and knees replaced, multiple concussions and 200 stitches from football. His impassioned play led the Bears to name their defense the 46 after his number, including the Super Bowl defense even though he retired the year before.

Plank spent six years working on a garbage truck. "I learned what I didn't want to do. Smells that can almost knock you out. I also realized that when you're a garbage man at 4:30 in the morning, the cans were already out there for us. This is where I started the game within a game mentality. Why don't we get home at 10 a.m. instead of the afternoon? Let's jog to the next house. We cut the route time in half just by exerting more energy. Got home at 9 or 10 doing the same amount of work. How fast could I get through it? It became fun, it became a game."

Doug's outlook on life is bright. "My responsibility as a husband and father is to do it with joy – have a smile on your

face. I look at these remaining years as the best is yet to come. I'm never looking backwards, always forwards. What's next?" The summer before he retired, he flipped burgers while training to own a Burger King franchise. He now owns 20 of them.

"I inspire. I came back to Ohio State as an assistant coach. Nate Ebner was a junior walk-on, not something that happened often there. Nate became frustrated and thought he would be better off playing for Division 2 school. I convinced him not leave or give up on himself. He was drafted by the New England Patriots as a linebacker and thanks me every time he sees me."

Should teams play during COVID-19? "I don't believe high school or college players should. It's their administrations' decision to make, but I wouldn't want that on my conscience. Pro players are different. This is their job. They are paid to play. And the owners want their income. We'll see what happens."

"I was so lucky to play in the NFL – to get paid to play a game. I see people commuting to work and they're not happy or excited. I was. Every day." Plank is a throwback to another era. That's a reminder we all need. The dessert is in front of us, not behind us.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.✱



Students of the 2020 Ladies, Let's Go Fishing Gulf Coast University

photo provided

New Anglers Hone Fishing Skills At Seminar

Women from all around Florida united to learn fishing skills at the Ladies, Let's Go Fishing! (LLGF) Gulf Coast University at Bass Pro Shops on June 27 and 28.

The event offered education, fishing skill practice and an optional fishing trip. It provided classroom presentations by Capt. Jon Fetter/Inshore Fishing; Capt. Debbie Hanson/Fishing Basics; Betty Bauman/Conservation; and Capt. Rob Fussnecker/

Best Times to Fish. Skill practice for knot tying, fly casting, spin casting, live shrimp usage and net casting was conducted by the speakers as well as Steve Johnson and Bait Box Sanibel.

With the seminar rescheduled from March due to the coronavirus, the class was limited to encourage social distancing.

On Sunday, participants embarked on their chosen fishing adventures from boats where they caught or released snook, snapper, redfish, sea trout and other species. According to the fishing report, every boat caught fish.

Capt. Rob Fussnecker Aqua Breeze Charters said: "The ladies slayed the fish, releasing 13 fish in total. Lisa Birns caught her first fish ever, a 26-inch redfish. In

total, they released five redfish from 24 to 26 inches, eight sea trout up to 20 inches and one 19-inch snook. They learned fishing for redfish near mangroves and fishing for trout on the flats.

Capt. Keith Kersey 5/0 Charters said: "Mother Robin Krueger, teen daughter Amy Krueger and friend Erin Pypier all from Parkland, Florida caught/released 20 fish, including two 23-inch redfish, four mangrove snapper, six sea trout, two 23-inch blacktip sharks and six catfish. They learned about tides, winds and casting.

Featured on national network television and more, the series is supported by major partners including Recreational Fishing and Boating Foundation, Take Me Fishing, Vamos a Pescar, Mercury, Magic Tilt trailers, Penn, Scout Boats, Seven Seas Yacht Sales, Power-Pole and Fish Florida. Largest annual sponsors include Freedom

Boat Club, Sunrise Resort & Marina, Future Angler Foundation, CCA Florida STAR, TACO Marine and Seaguar.

Remaining 2020 LLGF events, with optional fishing, include:

August 8 – Scalping in Homosassa
August 14-16 – Keys Fishing Learning on the Water Screamin' Reels, Islamorada
August 21-23 – South Florida Offshore Saltwater Weekend Seminar at IGFA Dania Beach

September 12-13 – Tampa Inshore Seminar at Progressive Insurance, Tampa Boat Show

October 23-25 – Keys Saltwater Weekend Seminar, Islamorada

For more information, visit www.ladiesletsgofishing.com and www.facebook.com/ladiesletsgofishing, call 954-475-9068, or email info@ladiesletsgofishing.com.✱

SPORTS QUIZ

1. Baseball Hall of Famer Ron Santo played third base for the Chicago Cubs from 1960-73, but finished his Major League playing career in 1974 with what team?
2. Former NFL quarterback Jay Cutler regularly appeared on what E! reality TV show from 2018-20?
3. Jim Shoulders, Don Gay, Warren G. Brown, George Paul and Larry Mahan were among the inaugural inductees into what Hall of Fame?
4. What Major League Baseball great had his No. 29 retired by the California Angels in 1986 and by the Minnesota Twins in 1987?
5. Nicknamed The Iceman, what NBA great won four league scoring titles from 1978-82 while a member of the San Antonio Spurs?
6. What cable TV sports network had its first broadcast on Oct. 1, 1993?
7. What Japanese pitcher was named Most Valuable Player of the 2006 and 2009 World Baseball Classics?

ANSWERS

1. The Chicago White Sox. 2. Very Cavallari. 3. The Bull Riding Hall of Fame. 4. Rod Carew. 5. George Gervin. 6. ESPN2. 7. Daisuke Matsuzaka.

dearRPharmacist

New Facts About Leprosy And COVID



by Suzy Cohen, RPh

Dear Readers: I'm reading a book called *The Island* (Victoria Hislop), which is about a leper colony and the book is set in the 1900s where people

with leprosy were exiled to an island called Spinalonga, off the coast of Crete (Greece). And people were sent there to live, and to die. The island is abandoned today. It became self-sufficient, and only after 1957 were the residents allowed to return to their homes (if they were still alive).

Today, half of the cases of leprosy occur in parts of India, and there are still leper colonies. There are leper colonies all over the world. This condition is ancient, but sadly, even with centuries of medical advancements, we still see thousands of cases globally. It is medically known as Hansen's disease. Those afflicted with leprosy are often from poverty-stricken areas where there is difficulty accessing medical professionals and clean food or water. The condition, if untreated, will cause nerve pain, skin lesions, disfigurement and amputation, not to mention social stigma.

In the book I am reading, one of the main characters, a teacher named "Eleni" becomes infected with leprosy by her student Dimitri, and they are both banished from Crete to live forever on the little island of Spinalonga. Eleni was never to return home, but her altruistic and loving nature made life better for those she knew during her time on the island.

Like COVID, the condition of leprosy

seems to show benefits from Vitamin D. They did not know that back in the 1940s and 50s when Spinalonga and other leper colonies formed. I am not comparing leprosy to corona, these are not even remotely related. The only similarity is that vitamin D can be helpful for both, according to current scientific research. Vitamin D supports many aspects of immune function, as well as myelin sheath repair.

Today's aim is to enlighten you about the condition of leprosy because it still exists in the U.S., especially in the southern U.S., and it's making a resurgence in Brazil. Just FYI, armadillos are a host, and people still eat them. As a reminder, zoonotic infections are 100 percent preventable, and therefore easier to avoid than to cure.

The signs and symptoms of Leprosy include:

Discolored (or thick) patch of skin on the body;

Muscle weakness;

Loss of eyebrows or eyelashes;

Painless swelling or lumps on the face or ears; and

Numbness in parts of the skin.

Treatment of leprosy will help to avoid the nerve damage. If left untreated, it may cause:

Shortening of toes and fingers;

Foot drop;

Blindness;

Neuropathy or burning sensations in skin;

Chronic ulcers that don't heal on the skin or feet; and

Difficulty swallowing or talking.

There are many physicians today who specialize in the treatment of leprosy and other infectious diseases, so if you have concerns that the bacteria has invaded your body, please do some reading at websites such as The Leprosy Mission International and the National Hansen's Disease Program.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com. ✨

Doctor and Dietician

Cancer Diagnosis Changes Everything



by Ross Hauser, MD and Marion Hauser, MS, RD

We have worked in the field of alternative medicine for nearly 30 years. We are strong proponents of putting things into our bodies that have positive effects on our health and avoiding things that are detrimental to our health. This not only relates to food, drugs and supplements, but also what we allow into our hearts, minds and souls.

When you hear the word "cancer" from your health care provider, everything changes. Most of us want to live. We want to beat the cancer. We do not want to die. Thus, patients often quickly try to change the way they eat, start juicing, performing regular exercise, make amends with family members and work towards a positive outlook in life.

Our admonition to you is to start living a healthier lifestyle now – before you hear the "C" word.

Cancer feeds on sugar. Cancer feeds on stress. We wrote a book on cancer back in 2000 that was called *Treating Cancer with Insulin Potentiation Therapy* based on our experience treating cancer patients at Caring Medical. In this book, we provide a chapter on what we call "cancer

physiology." Basically, what this means is when you get cancer, for some reason your physiology was ripe for cancer growth. We are all constantly fighting off all sorts of bad things in our bodies. When our immune system changes and becomes no longer able to do its job, disease results. Thus, we cannot encourage you enough to strive to be the healthiest version of you that you can be.

You have heard our message before. This means that you eat real food, not fake, artificial, chemical-laden so-called food. This means fresh vegetables and other produce, organic chicken, beef and fish. Consume foods that do not produce reactions in the body. Many people are sensitive to dairy (cow's milk), wheat and eggs. If you suffer with intolerances or GI upset, you may want to try avoiding these items in your diet to see how much better you feel. Stop taking medications that mask the underlying issue. Get to the root cause. You do not have a "purple pill deficiency." If you cannot digest your food and suffer with gastroesophageal reflux disease (GERD), for example, most likely you have something else going on. Wrong food? Too many chemicals? No digestive enzymes?

Living a life of health also means controlling your environment. Surround yourself with positive influences in the form of people, nature, music and the like. If something stresses you out like the news, turn... it... off! Develop daily meditation and prayer habits. Get outside and enjoy God's beautiful creation. Breathe deep. Increase your heart rate. Our time here on earth is short. Let us live the best lives possible, now. For more, check out www.hauserdiet.com.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com. ✨

Beautifulife:

Renew



by Kay Casperson

Renew is one of my favorite words for many reasons. The Webster's definition is to make like new and restore to freshness, vigor, or perfection. Another meaning is to renew spiritually,

regenerate, revive, or rebuild. Many years ago, I built a product around this word, and it is still, to this day, one of my most sought after products in my signature skincare collection.

When I developed Renew, it was an essential part of an eight-step skincare program. The system was designed to help you have exceptional skin while ensuring that your life stays balanced and beautiful. Renew is a treatment for wrinkles and is a

beneficial product to help you age well and smooth and soften fine lines.

Much thought went into each affirmation on the bottles and jars of all of the products. Renew's statement is, "I will renew my goals," which is an essential step for us to do regularly.

We need to renew and analyze our goals often because we can tend to forget the goals we set for ourselves as time goes by. Before we know it, we are setting the same goals year after year. If we have something to remind us of what those goals are daily, we are more likely to accomplish them and to achieve the dreams we set for ourselves.

One of my favorite scriptures from the Bible says, "but they that wait upon the Lord shall renew their strength; they shall mount up with wings like eagles; run, and not be weary, and they shall walk, and not faint."

Renew is a powerful word. We need to renew our lives emotionally, spiritually, physically, environmentally and socially on a regular basis to make sure that we live our most balanced and beautiful life. We

need to renew our minds, hearts, bodies, surroundings and relationships from time to time to live our best lives.

Focus on good and positive thoughts. Feed your soul with the things that help you grow as a person. Keep getting stronger and immerse yourself with the right people and the right places. Most importantly, know that you have the power to keep your life going in the right direction.

My affirmation for you this week is:

From page 1

Loggerhead Nest

the nests on a beach. Eggs and hatchlings on the beaches of Sanibel and Captiva are victims of coyotes, ghost crabs, fire ants and birds.

SCCF Sea Turtle Program staff and volunteers help to control mammalian predation by placing a self-releasing screen over threatened nests. The screens are large enough to keep predators out, yet allow hatchlings to

escape from the nest without assistance.

Mammalian predation often increases where trash has accumulated on the beach. An easy way to avoid attracting predators is to keep beaches free of trash.

Follow SCCF on Facebook at www.facebook.com/pg/SanibelCaptivaConservationFoundation/ and @sccf_swfl on Instagram.

To report any issues with nests, nesting turtles, or hatchlings on Sanibel or Captiva, call SCCF's Sea Turtle Hotline at 978-728-3663. ✨



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS	
American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	https://www.audubonswfl.org/
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

My Stars ★★★★★

FOR WEEK OF JULY 13, 2020

Aries (March 21 to April 19) A perplexing situation needs to be dealt with in order to avoid problems later on. Rely on both your own sense of what's right and the advice of someone you trust to help work it out.

Taurus (April 20 to May 20) Let your sharp Taurean business insight guide you when considering a "dream deal." Without all the facts, it could turn into a nightmare. Remember: Investigate before investing.

Gemini (May 21 to June 20) Sharing so much of your time and your gifts with others is what you do so well, and this week, don't be surprised if others want to share with you. Enjoy the experience. You've earned it.

Cancer (June 21 to July 22) A difficult personal situation seems to defy efforts to resolve it. Perhaps you're too close to it. Take some time to reassess what went wrong, and then see where things can be set right.

Leo (July 23 to August 22) Leonine pride could be piqued a bit when someone else appears to be standing in your light. Be patient and resist the urge to growl at the interloper. You'll soon be the "mane" attraction again.

Virgo (August 23 to September 22) A professional situation benefits from your clear assessment of the circumstances involved. On the personal side, that new relationship looks as if it will continue to grow.

Libra (September 23 to October 22) More good news about a loved one helps reassure others who could not share your more-optimistic view before. Continue to help everyone in need of your comforting presence.

Scorpio (October 23 to November 21) Creating new friendships could turn out to be the unexpected but welcome result of reconnecting with old friends. The weekend is a good time for fun and games. Enjoy!

Sagittarius (November 22 to December 21) The more you learn about what you plan to do, the more likely you are to consider making some changes in your plans. This is good; don't resist it. Instead, go with it.

Capricorn (December 22 to January 19) A career change is still in your aspect, but a potential workplace change could be what you've been looking for. See what develops before making any drastic moves.

Aquarius (January 20 to February 18) Your energy levels are high this week, which should help you get all your workaday tasks done and still leave you with enough breath to handle some domestic challenges.

Pisces (February 19 to March 20) An unexpected fluke could cause problems with your plans. If so, use the time to troll for other available options, and you might be pleasantly surprised at what turns up.

Born This Week: You enjoy the company of lots of people, but you also can treasure the moments shared with just one special person.

MOMENTS IN TIME

• On July 20, 1865, Pierre Lallement, a Frenchman, arrives in the United States carrying the plans and components for the first modern bicycle. Although he built and patented the first bicycle, Lallement received no recognition and failed to acquire enough funds to open a factory. He sold the rights to the patent in 1868 and moved back to France.

• On July 23, 1888, Raymond Chandler, creator of detective Philip Marlowe, is born in Chicago. During the Depression, Chandler began writing to support himself. He published *The Big Sleep* in 1939, followed by *Farewell My Lovely*

and *The Long Goodbye*.

• On July 25, 1898, during the Spanish-American War, U.S. forces launch their invasion of the island of Puerto Rico. With only seven deaths, U.S. troops under Gen. Nelson Miles were able to secure the island by mid-August.

• On July 24, 1911, American archeologist Hiram Bingham gets his first look at Machu Picchu, an ancient Inca settlement in Peru. Machu Picchu is believed to have been a summer retreat for Inca leaders.

• On July 22, 1934, outside Chicago's Biograph Theatre, notorious criminal John Dillinger – America's "Public Enemy No. 1" – is killed by federal agents. In a year-long bank-robbing spree, Dillinger and his associates robbed 11 banks for more than \$300,000, broke jail and narrowly escaped capture multiple times, and killed seven police officers and three federal agents.

• On July 26, 1943, Rolling Stones front man Mick Jagger is born in Dartford, Kent, England. Michael Philip Jagger attended the London School of Economics but left without graduating in order to pursue a career in music.

• On July 21, 1973, *Soul Makossa* is the first disco record to make the Top 40. It is now best remembered as the source of the rhythmic chant that appears in Michael Jackson's *Wanna Be Startin' Somethin'* in 1982.

NOW HERE'S A TIP

• Consumer advocacy experts say that it's best to communicate your service issues with a company by email. This way, there is a ready paper trail that you can refer to. If you have to call a customer service line, ask for an email address that you can correspond with.

• If your scallions are growing like crazy, you should know that you can freeze them to use later. Snip into smaller portions and freeze in a single layer for a couple of hours. Transfer to a container and store in freezer. When a recipe calls for scallions, just take what you need and use immediately.

• Save energy and heat by using an electric kettle to make hot water for tea. It uses less energy than a stovetop kettle, and it won't heat up your kitchen.

• Stuff a musty cooler with crumpled up newspaper and seal. Remove and replace daily until the musty smell goes away.

• When making cookie dough, make extra and freeze it in balls or slices. You'll have an easy source of ready-to-bake fresh cookies!

• "You can use dishwasher detergent to clean your bathtub. I moved into a place with a very stained and dirty bathtub. I filled the tub with very hot water, put a cup of detergent into the water (the kind you put in a dishwasher, not soap) and stirred it to dissolve the powder. After letting it sit until it was just warm, I used a scrub brush to lightly lift away the soapy grime. It lifted stains out, too." – GG in South Carolina

STRANGE BUT TRUE

• As Shakespeare said, what's in a name? A duck is called a duck because it ducks its head under the water to feed. The animal was named after the verb, not the other way around.

• In the era of TV dinners, it wasn't enough that you ATE your veggies. No, etiquette experts still found time to make some interesting rules about HOW you consumed them as well. According to one guide, asparagus should be cut in half in order to avoid "the ungraceful appearance of a bent stalk... falling limply into someone's mouth."

• What's in a name? Part 2: The French name for cotton candy is "Barbe a papa," or "dad's beard."

PUZZLES

Answers on page 23

Super Crossword

TRIPLE OVERLAP

- ACROSS
- 1 Boater, e.g.

4 Poker chip, for one

8 Uncorks again

15 Liven (up)

19 Mexican resort port

21 To-do trays

22 Actor Bates

23 GOP race runner

25 At midnight, say

26 Justice Kagan

27 Planet near Earth

28 "Attack, dog!"

29 First-class

30 "Dirty" drink

32 Data entry device

36 Ewoks and Na'vi, in brief

38 Actor DeLuise

39 Strengthens in volume

40 Large insectivores with long snouts

47 Recycling container

48 Support financially

49 Unmannerly

50 Suffix with pay

52 Nissan, formerly

58 Mop brand

60 Common bit of onstage audio

63 Writer Isak

65 Pago Pago's home

66 Pied- à- —

67 Tokyo, prior to 1868

68 Play dumb

73 Bloom-to-be

74 Clichy's river

77 Radio booth notification

78 Mattel guy

81 Company not reliant on a parent, e.g.

86 Actress Kazan of "My Favorite Year"

87 MRI's kin

88 — -de-France

89 Branchlet

91 Krone spenders

92 Breakfast brew

94 Ones who love making others happy

96 Egg-making organs

101 Many a pro bono TV ad

103 Grass sold in rolls

104 Clinton-Kaine, in 2016

108 Optimistic

114 Somber song

115 Party card game cry

116 "Tomb Raider" Croft

118 Raptor's nest

119 Foot bottom

120 They include Advent and Eastertide

124 Be fitting for

125 Ideal spots

126 Appeases

127 Warlike god

128 Floral wrist accessory

129 Rolling car part, to Brits

130 "Ethyl" suffix

9 Complete

10 California's San Luis —

11 Speaking platform

12 Spot-on

13 Kin of .com

14 Flagstaff-to-Tucson dir.

15 Ashen-faced

16 Actress Stritch

17 Wickerwork cane

18 Genuflects

20 Gridiron kick

24 Oval portion

29 Aussie avian

31 Once known as

33 "ER" extras

34 Wallach of "The Deep"

35 Sonata part

37 Poker variety

40 Like the giant sphere at Epcot

41 Occurrence

42 Lymphoid throat masses

43 Lymph —

44 Christmas verse starter

45 Ice cream maker

46 Kylo of "Star Wars"

47 Breakfast meat

50 Sharif of movies

51 Peru's capital

53 Spot-on

54 With 55-Down, Paris edifice housing several universities

55 See 54-Down

56 More out of control

57 Not necessary

59 Ring arbiter

61 Of — (in some way)

62 Spice holder

64 Very bright

69 Agra's home

70 Manxman, e.g.

71 Square root of 81

72 Slithery fish

75 Japanese tech corp.

76 MPG-rating org.

79 Nil

80 "Buenos —" ("Good day")

82 Get admitted

83 Suffix with Denver

84 16 eighths

85 Pups' plaints

90 The world over

93 That, in Peru

94 Karachi's nation: Abbr.

95 Kin of .com

96 Ukraine port

97 Fabric with a soft nap

98 2002 César winner for Best Film

99 Popular thesaurus, familiarly

100 Really cold

101 Models on walls, maybe

102 Smelting slag

105 One-on-one teacher

106 Beethoven's "Für —"

107 Tic —

109 With 121-Down, judge in the O.J. Simpson trial

110 Helen of Troy's mother

111 Seeing red

112 Air raid alert

113 German state

117 Engrossed

120 Jazz's Jean- — Ponty

121 See 109-Down

122 Funny bit

123 Big elephant part

DOWN

- 1 Female seal group, e.g.
- 2 Amtrak bullet train
- 3 Get thinner at one end
- 4 Persian Gulf emirate
- 5 Ailing
- 6 Sword type
- 7 Funny
- 8 Classic detergent brand

1	2	3		4	5	6	7		8	9	10	11	12	13	14		15	16	17	18	
19			20						21								22				
23								24									25				
26						27				28						29					
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40	41	42	43	44				45	46				47								
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58					59		60			61				62							
63						64				65						66					
67					68		69	70	71						72			73			
74			75	76		77								78		79	80				
81					82						83	84	85		86						
87							88				89			90		91					
					92	93				94					95						
96	97	98	99	100					101	102				103							
104								105				106	107		108		109	110	111	112	113
114								115				116		117			118				
119						120	121									123					
124						125								126							
127						128								129					130		

King Crossword

- ACROSS
- 1 Actor Carrey

4 Weapon of mouse destruction

8 Zits

12 Man-mouse link

13 Midwestern state

14 Addition sign

15 The national pastime

17 Node

18 — pro quo

19 British patrolman

20 First lady before Michelle

22 Old MacDonald's place

24 Twistable cookie

25 Fort Dix, for one

29 Sea (Fr.)

30 Gray matter

31 Snapshot

32 You might run on one to get home

34 "The lady — protest too much"

35 Drench

36 Cow catcher

37 Underground chamber

40 Close

41 Villainous look

5 Information storehouse

46 Con

47 Versifier's tributes

48 Baltimore newspaper

49 "Act now!"

50 Prolonged sleep

51 "Of course"

5 Street

6 Piercing tool

7 Crony

8 Poise

9 Organization

10 Unfeeling

11 Catch sight of

16 Continental coin

19 — Mawr College

20 Bausch's partner

21 Vicinity

22 Candid

23 Grenoble girl-friend

25 La Scala showstopper

26 Renunciation of a faith

27 Perches

28 Reverberate

30 Rorschach sample

33 — de corps

34 Smear

36 Tibet's capital

37 Dressed

38 Nevada city

39 Bigfoot's cousin

40 Goblet feature

42 Medic

43 Big brother

44 Seek damages

45 Em halves

DOWN

- 1 Task
- 2 401(k) alternative
- 3 Costume party guests (Var.)
- 4 Leg bone

MAGIC MAZE • LOFTY

D	M	J	H	E	R	C	Z	X	U	S	Q	N	L	J
G	I	E	C	Z	X	E	V	T	R	P	N	L	J	E
T	I	M	M	U	S	S	W	H	L	H	E	C	L	A
A	S	Y	A	W	V	T	T	O	C	T	R	C	N	S
E	P	E	N	R	S	E	B	L	T	R	A	N	L	E
K	F	I	R	R	Y	E	G	E	I	N	E	C	B	R
Z	X	F	E	E	T	P	W	U	N	T	C	P	S	I
R	P	W	A	U	V	L	E	I	N	O	S	M	L	P
J	O	I	N	R	R	E	P	A	R	C	S	Y	K	S
T	S	A	M	N	I	A	M	G	K	E	D	B	A	Y
X	M	W	U	T	S	G	Q	P	O	N	L	K	J	H

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: WORLD'S TALLEST MOUNTAIN

- Antenna
- CN Tower
- Giraffe
- Mainmast
- Manute Bol
- Peak
- Perch
- Pinnacle
- Pyramid
- Skyscraper
- Spire
- Steeple
- Stilts
- Summit
- Towers



Watermelon and Pork Lettuce Wraps

- 3 cups watermelon, diced
- 1 orange, segmented
- 1 cucumber, diced
- 1 head lettuce (butter lettuce or romaine)
- 1 pork tenderloin
- 3-4 sprigs fresh rosemary or thyme
- 2 tablespoons all-purpose seasoning (your favorite)
- 1 lime, sliced
- 2 scallions, sliced thin
- Oil for cooking
- Sea salt and fresh ground pepper, to taste

Prepare watermelon, orange, and cucumber and store in refrigerator until ready to serve. Tear lettuce into serving size portions and store in refrigerator until ready to serve.

Preheat oven to 375 degrees. Preheat



Watermelon and Pork Lettuce Wraps

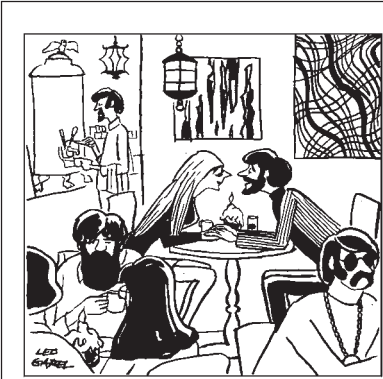
large sauté pan over medium-high heat with one tablespoon oil. Season pork with 1 tablespoon all-purpose seasoning, salt and pepper. Place rosemary into pan and set pork over top. Sear pork on all sides, transfer to oven safe dish

and finish cooking until an internal meat thermometer reaches 145 degrees. Remove from oven, cover, and allow to rest for at least 10 minutes. Slice thin or dice small for lettuce wraps. Assemble by placing pork, watermelon, cucumber,

photo courtesy Fresh From Florida
and citrus segments into lettuce cup. Sprinkle each with remaining all-purpose seasoning, squeeze fresh lime juice on top and garnish with scallions. Serve immediately.✽

PUZZLES

Answers on page 23



"Will you marry me? We both
the same things."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Crushed
KNOBER
Loath
RESAVE
Gentle
COILED
Induct
CURRITE

TODAY'S WORD

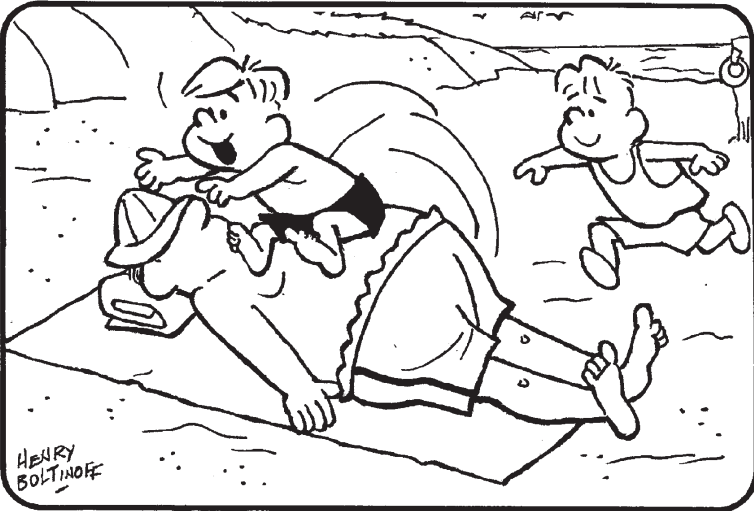
	2		4	3		5		
7		4	5				8	
		3			6		2	4
6		1	2			9		
	8			9		7	1	
2				7	8			5
	4	6			7			1
	9		8		1		4	
8				6		2		3

SUDOKU

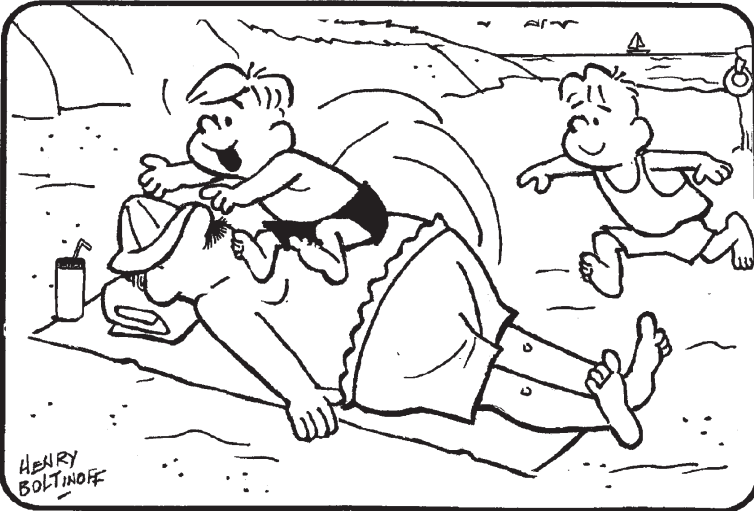
To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Boy is barefoot. 2. Blanket is narrower. 3. Man has mustache. 4. Water bottle has been added. 5. Swim trunks have no stripe. 6. Boat is on horizon.



FRIDAY
Mostly Cloudy
High: 89 Low: 81



SATURDAY
Partly Cloudy
High: 92 Low: 83



SUNDAY
Cloudy
High: 94 Low: 84



MONDAY
Cloudy
High: 90 Low: 82



TUESDAY
Chance Showers
High: 91 Low: 83



WEDNESDAY
Sunny
High: 92 Low: 84



THURSDAY
Mostly Cloudy
High: 88 Low: 80

Redfish Pass Tides

Day	High	Low	High	Low
Fri	1:33 am	3:37 am	10:37 am	6:33 pm
Sat	2:33 am	4:14 am	11:19 am	7:16 pm
Sun	12:03 pm	7:58 pm	None	None
Mon	3:49 am	5:39 am	12:48 pm	8:38 pm
Tue	4:14 am	6:29 am	1:35 pm	9:17 pm
Wed	4:36 am	7:25 am	2:24 pm	9:57 pm
Thu	5:00 am	8:27 am	3:16 pm	10:35 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	12:38 am	3:39 am	9:42 am	6:35 pm
Sat	1:38 am	4:16 am	10:24 am	7:18 pm
Sun	11:08 am	8:00 pm	None	None
Mon	2:54 am	5:41 am	11:53 am	8:40 pm
Tue	3:19 am	6:31 am	12:40 pm	9:19 pm
Wed	3:41 am	7:27 am	1:29 pm	9:59 pm
Thu	4:05 am	8:29 am	2:21 pm	10:37 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	9:20 am	2:39 am	None	6:08 pm
Sat	12:24 am	3:10 am	10:18 am	7:09 pm
Sun	1:25 am	3:47 am	12:07 pm	8:04 pm
Mon	2:25 am	6:45 am	1:04 pm	8:56 pm
Tue	3:32 am	8:10 am	1:56 pm	9:41 pm
Wed	4:22 am	9:12 am	3:00 pm	10:22 pm
Thu	4:58 am	10:03 am	4:08 pm	10:59 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	3:43 am	6:53 am	12:47 pm	9:49 pm
Sat	4:43 am	7:30 am	1:29 pm	10:32 pm
Sun	2:13 pm	11:14 pm	None	None
Mon	5:59 am	8:55 am	2:58 pm	11:54 pm
Tue	6:24 am	9:45 am	3:45 pm	None
Wed	6:46 am	12:33 am	4:34 pm	10:41 am
Thu	7:10 am	1:13 am	5:26 pm	11:43 am

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OF SOUTHWEST FLORIDA

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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS



Harry Chapin Food Bank
OF SOUTHWEST FLORIDA

PETS OF THE WEEK

Lee County Domestic Animal Services

Julie, Max And Bessie

Hello, our names are Julie and Max. This duo of a 2-year-old and 4-month-old female and male domestic shorthair may not have come to LCDAS together, but we have quickly formed an undeniable bond that can only be compared to that of a mother and child. I lost my litter of kittens and was somewhat depressed. Little Max was quite fearful until I took him under my paw. All he needed was a little motherly love to come out of his shell. It was fate that brought us together, and now we are looking for the perfect family to adopt us together.

My adoption fee is \$10. Hi, I'm Bessie. I am a 7-year-old female Florida cur who is a 'Super Senior' and one of the happiest girls you will come across. I always have a smile on my face, especially if I am with people. I am very



Julie and Max IDs# A822253 and A821142

patient with other dogs and love the kiddie pools in our play yards – which are definitely coming in handy during the hot summer afternoons. Our senior adoption fee of just \$10 still includes my spay, microchip, up-to-date vaccinations and 10-day health check.

My adoption fee is \$10. Lee County Domestic Animal Services adoption center has reopened by appointment only. Visit www.leelostpets.com to complete an online adoption application prior to calling 533-7387 to make an appointment. Adoption fees will be reduced for the entire month of July. All dogs over 30 pounds will be just \$30 and adult cats \$10. In addition, our cats and kittens are two-for-one; adopt one and you can take home a feline friend at no additional charge.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.*



Bessie ID# A821604

From page 18
Strange But True

- Mary Babnik Brown generously donated 34 inches of her natural golden locks to the United States military during World War II after they determined that blond hair that had never been treated or exposed to heat was the most resilient material to use as the crosshairs in bombsights.
- A 7-year-old boy had long complained about his swollen and aching jaw, and small wonder: Surgeons at the Saveetha Dental College and Hospital in Chennai, India, found 526 teeth crammed inside his mouth! After removing a seven-ounce, "well-defined bag-like mass" from his jaw containing hundreds of miniature teeth, it took the team five hours to carefully search for and count all of them. The hospital asserted that it was "the first ever case to be documented worldwide, where so many minute teeth were found in a single individual."
- Led Zeppelin let Ben Affleck use their song *When the Levee Breaks* in the movie *Argo* on one condition – that they digitally alter the record player's needle drop to the correct spot on the vinyl.

THOUGHT FOR THE DAY

"The greatest weapon against stress is our ability to choose one thought over another." – William James

TRIVIA TEST

1. **General Knowledge:** Which U.S. highway is known by the nickname "the Mother Road"?
2. **Food & Drink:** What kind of cocktail contains ginger beer, lime juice and vodka?
3. **Science:** What kind of cloud produces thunderstorms?
4. **Music:** How many musicians play in a quartet?
5. **Geography:** Which of the seven continents is the driest?
6. **Movies:** What word is on Austin Powers' license plate in *Austin Powers: International Man of Mystery*?
7. **History:** What was the ancient Sumerian form of writing called?
8. **Television:** What is the name of Bert's roommate on the children's show "Sesame Street"?
9. **Anatomy:** How many lobes is the human brain divided into?
10. **Measurements:** How much liquid does a standard jigger hold?

TRIVIA ANSWERS

1. Route 66 2. Moscow Mule 3. Cumulonimbus 4. Four 5. Antarctica 6. Swinger 7. Cuneiform 8. Ernie 9. Four 10. 1.5 ounces

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6/21 * TFN

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7/10 * 7/31

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Take care of elderly woman 100 years old.
Contact Alan at 732-259-6629 or Patricia at 732-259-6631.
7/10 * TFN

LEGAL NOTICE

NOTICE OF PENDANCY OF ACTION
State of New Mexico to Angela N. Garcia, you are hereby notified that Jason Gelster has filed a civil action against you in the above titled court and cause, the general object thereof: Petition for Dissolution of Marriage. Unless you you enter your appearance on or before July 6, 2020, a judgement by default will be entered against you.
7/3 * 7/17


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7/10 * 7/31

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Chris 917-770-5747
7/10 * 7/17

LOST/FOUND

LOST CAT
Grey/white semi-Tiger type, with white face, belly and paws. Responds to name of "Bushy." East End of Island. Reward. If seen, please Call 239-277-0058.
7/10 * TFN

From page 1

Music Series

music from local and national competitors. Performers will vie for a chance to win the grand prize of recording time at Six Fingers Studios and a spot at the Island Hopper Singer Songwriter Festival. The competition focuses on original musicians in the singer/songwriter genre.

Each year, the Sidney & Berne Davis Art Center offers singer/songwriters the opportunity to perform an original song live and win prizes. Competitors submit a video of themselves performing an original song. Then, selected artists are invited to perform live in front of a judge's panel and a live audience. The deadline to enter the competition is August 12. Judges will determine the grand prize winner, while the audience has a chance to vote for the people's choice winner.

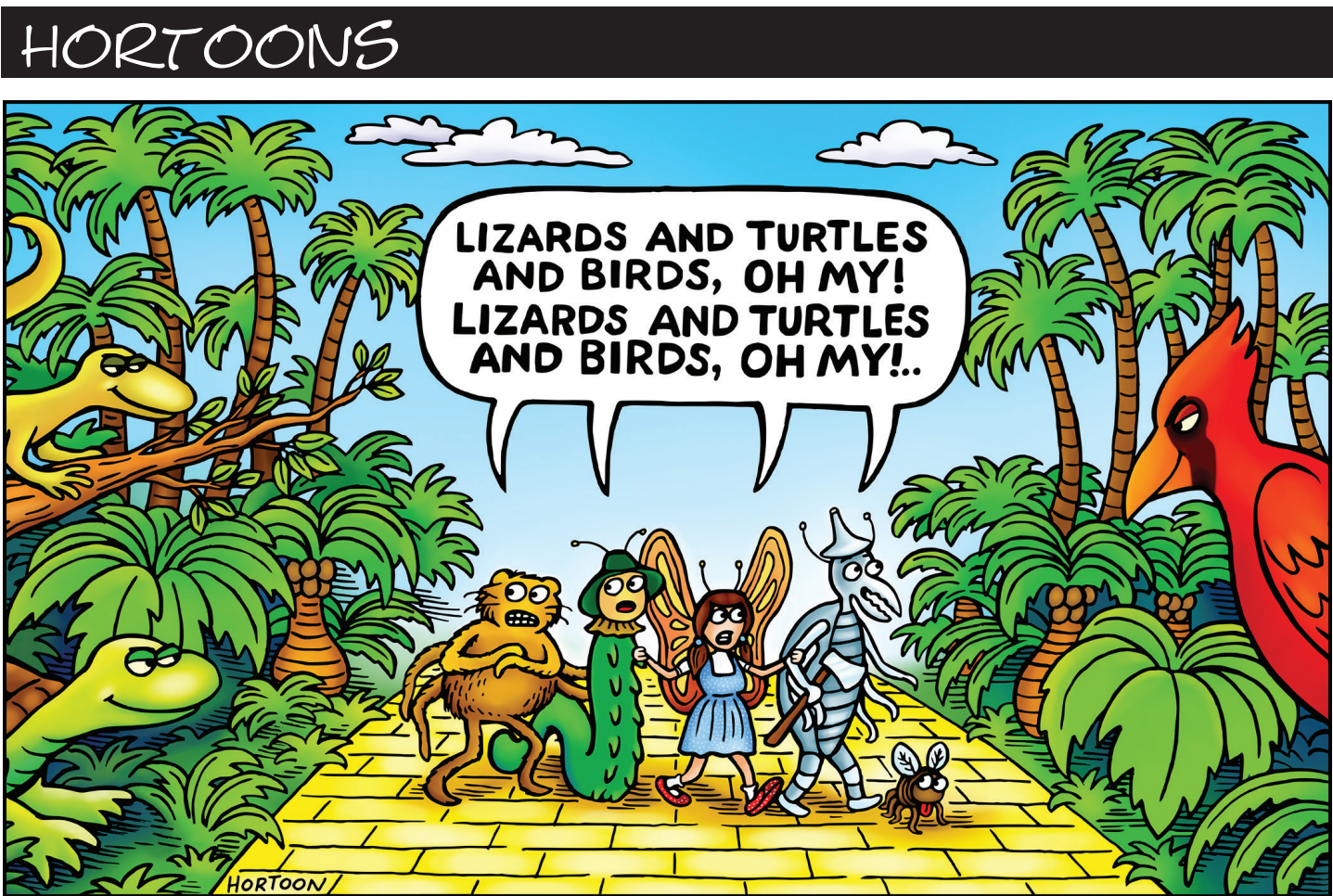
The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, visit www.sbdac.com or call 333-1933.✴

SCRAMBLERS ANSWER

1. Broken 2. Averse;
3. Docile; 4. Recruit

Today's Word

DISLIKE



PUZZLE ANSWERS

SUPER CROSSWORD

KING CROSSWORD

MAGIC MAZE

SUDOKU

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sunset Captiva	Captiva	1979	1,764	\$2,695,000	\$2,550,000	79
Siena	Bonita Springs	2012	5,027	\$1,799,000	\$1,650,000	138
Barefoot Bay	Bonita Springs	2003	3,435	\$1,575,000	\$1,512,500	23
Yacht Club	Cape Coral	1982	1,986	\$1,300,000	\$1,120,000	336
Bayview Acres	St. James City	2000	2,220	\$1,200,000	\$1,100,000	49
Magnolia Pointe	Fort Myers	2000	3,596	\$1,100,000	\$905,000	0
Beachview Country Club Estates	Sanibel	2002	2,692	\$1,027,000	\$983,750	171
Cape Coral	Cape Coral	1999	3,594	\$950,000	\$900,000	65
Metes And Bounds	Sanibel	2018	1,872	\$899,900	\$875,000	158
Sanibel Estates	Sanibel	1977	1,682	\$879,000	\$840,000	92



Randy Wayne White ©

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